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JENNIFER WESTFALL

FOUNDER | CERTIFIED TAHITI SPECIALIST

Te Mana Travels was born and built from a passion of sharing the beauty and culture of the Islands of Tahiti by founder Jennifer Westfall. Living in the islands, Jennifer provides expert, firsthand knowledge of Tahiti from A-Z. Te Mana Travels prides itself on a boutique size approach to travel, working hands on with each client, customizing their travel experience.

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ON THE COVER:

Your choice whether to spend your time at the dock, moor or anchor... **Photo courtesy of**

Dream Yacht Charter









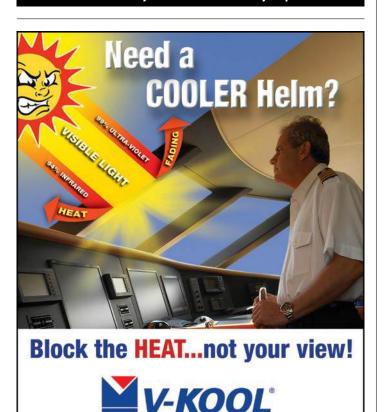
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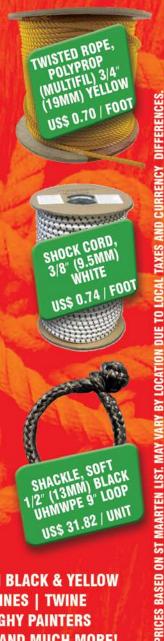
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Caribbean News

SVG SAILING WEEK SETS SAIL FOR SUCCESS **AND RETURNS IN 2026**

St. Vincent and the Grenadines (SVG) launched its inaugural SVG Sailing Week, a nine-day celebration of sailing and island culture, in April. Organized by the Tourism Authority and backed by sponsors like Sparrow's Rum, the event featured Junior Sailing, Local Double-Enders, and International Yachts. It revived the Beguia Easter Regatta and positioned this longtime favorite event as one of two signature series. The second is the Bougainvillea Cup, which launched from mainland St. Vincent and swept competitors south to Canouan and Mayreau.

Looking ahead, SVG Sailing Week 2026 will run from March 29 to April 6, 2026, featuring fresh energy and enhanced offerings such as:

- Expanded Junior Sailing Division. Open to neighboring Caribbean countries for a true regional showcase of young talent.
- More Racing Classes. The International Yacht Division will welcome J80, Classic Yachts, and the return of the Windward Island Sloop Class, alongside J/24 and Surprise classes.
- New Adventure Sports. The introduction of kite surfing

competitions will add adrenaline and new audiences to the event.

editor@allatsea.net

- Onshore Family Fun. From cultural showcases to kids' activities, there will be family-friendly events on land so everyone can be part of the action.
- A Grand Lay Day Celebration. At mid-week, participants and visitors can look forward to a spectacular day of festivities, music, food, and relaxation across the islands.

Registration is now open at www.svgsailingweek.com, where participants can sign up, find crew opportunities, and join the growing international sailing community that SVG is proud to host.

NEW COMMANDBOSS CATAMARAN SYSTEM OFFERS COMPLETE FINGERTIP CONTROL AND MONITORING OF ENTIRE FUEL SYSTEM

The most advanced catamaran system ever has just been introduced by Keenan Filters, manufacturer of the popular FilterBOSS fuel management systems. The new Command-BOSS features an industry-first full-function control panel

that remotely monitors and controls all fuel system functions from the helm. This allows the operator to continue running safely without stopping motors and entering the engine compartment to address problems.

More than just a fuel filter, CommandBOSS is a fully integrated, bridge-mounted fuel system hub engineered for optimal engine performance and control. With a remote-mounted control panel, operators can switch engine filters, balance fuel loads, and polish fuel across tanks, all without leaving the helm. Since most marine diesel engine failures are fuel-related, CommandBOSS enables boaters to proactively manage issues before they become dangerous.

Ideal for dual-engine vessels, such as catamarans, Command-BOSS can be factory-installed or retrofitted on most boats. It comes prewired for plug-and-play installation and includes two MK60DP Dual Filter systems (port and starboard) with electrically controlled manifolds, a K1000 control panel, an interface box, and two 45-foot interface cables. Installation requires dual filter setups in each engine compartment, fuel transfer lines between the hulls, and connections from the fuel tanks to the engine lines. Monohull owners can access the same convenience and safety through the Keenan FB Command system.

"CommandBOSS puts full fuel system control in the cockpit," says Andy Keenan, fuel system expert and founder of Southwick, MA-headquartered company. "This prevents problems before they start." keenanfilters.com







ANTIGUA YACHT CLUB REVITALIZES & ADDS TO ITS SAILING EVENTS

Get ready to race! In recent years, Antigua Yacht Club (AYC) has experienced a decline in participation in its club racing program. To reinvigorate interest, the club has formed a dedicated Events Committee, led by renowned racer Sandy Mair. The committee's mission is to enhance event planning with improved publicity, sponsor visibility, and professional-level race organization. As a result, Mair has introduced a refreshed racing calendar, featuring long-standing favorites. It kicks off with the 25th Annual Budget Marine Jol Byerley High Tide Series, set for December 13, 17, 20, and 21, which will feature new and more challenging courses, as well as an expanded social program. The Boxing Day Barrel Race is on December 26, and the Sandy Island Race on January 24, 2026. All three are open to Racing and Cruising Yachts, Classic Yachts, Sport Boats, and one-design RS Elite boats.

Two exciting new events join the lineup: a Small Boat Weekend in mid-January, which will host the Antigua National Championship for the RS Elite Class, and the West Coast Cup, a joint regatta between AYC and Jolly Harbour Yacht Club, culminating in a final event in Carlisle Bay in March.

"One of my main focuses is to attempt to coordinate AYC

events with Jolly Harbour Yacht Club, who have also been struggling for numbers for their regattas," says Mair. "The idea is to put on events which would be attractive to both clubs and to offer an overall island champion for participation in both yacht clubs' regattas. Beyond that, we are optimistic that our renewed program will see a major revival in racing at AYC." www.antiguayachtclub.com

USVI CHARTS COURSE FOR MARINE INDUSTRY GROWTH

U.S. Virgin Islands' Governor Albert Bryan Jr. met in July with leaders from the Virgin Islands Professional Charter Yacht Association (VIPCA), including new Executive Director Kennon Jones and former director Oriel Blake, to discuss a strategic plan to strengthen and expand the U.S. Virgin Islands' marine tourism industry.

At the center of the discussion was the Marine Charter Business Revitalization Act, a legislative proposal designed to boost the sector through targeted tax relief. The act proposes reducing gross receipts taxes to 2.5%, halving income tax obligations, and offering fuel concessions. These incentives are designed to support existing opera-

tors while attracting new charter and day yacht businesses to the territory.

Governor Bryan also highlighted infrastructure upgrades as a key pillar of the plan, including expanded mooring fields, the development of sail-up/swim-up beaches, and enhanced waterfront amenities such as dining and recreation options. A portion of the Department of Tourism's budget will be dedicated to promoting not only charter yachts but also scuba diving, sportfishing, and broader ocean-based experiences.

The Governor reaffirmed his administration's commitment to workforce development, emphasizing vocational training and mooring projects that will create local job opportunities and ensure Virgin Islanders benefit directly from growth in the marine sector.

"These initiatives support our broader Vision 2040 goals," Bryan said. "We're proud to work with VIPCA to keep the Virgin Islands at the forefront of Caribbean marine tourism." www.vipca.org

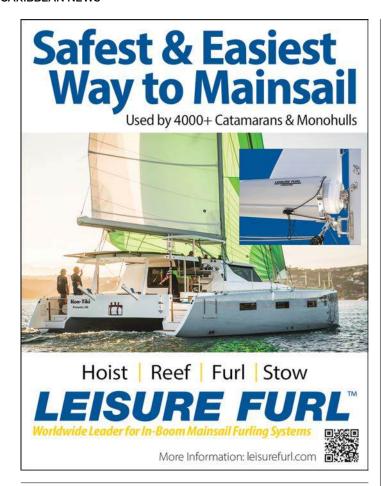




AKZONOBEL SHARES THREE ESSENTIAL MAINTENANCE TIPS FOR BOATERS BEFORE **RE-LAUNCHING**

While vessel owners in northern climates are putting their boats to bed, those in the Caribbean are getting ready to re-launch for the season ahead. Either way, AkzoNobel, a Dutch multinational company and a global leader in paints and coatings, shares expert advice on maintenance to help simplify the next launch.

- 1. Clean Hulls Carefully. Use a 25° or 15° pressure washer tip (never a 0° or rotary tip) to remove slime and growth. Avoid damaging rubber parts like outdrives. Wash from top down and rinse bilges or tanks carefully to protect antifouling coatings.
- 2. Assess Above-Water Areas. Check decks and hull sides for dull or chalky finishes. If repainting isn't needed, polish the surface appropriately and apply Awlgrip® Awlcare® for protection against weather and pollutants.
- 3. Check Below the Waterline. Inspect for coating damage, rust, worn paint, or electrolysis on metal parts. If coating is failing—especially after 8+ years—consider stripping and applying a barrier coat like InterProtect® or Tuff Stuff. www. akzonobel.com





Boston Whaler Owners Raise \$10,000 for Students in the **Abaco Islands**

A spirited game of ring toss raised over \$10,000 for a good cause in August at the Boston Whaler's spring/summer owner event in the Abaco Islands. The funds raised benefited Every Child Counts, a local non-profit school in Marsh Harbour that serves children with a wide range of disabilities across the Abaco Islands.

"We're incredibly grateful for the generosity of our owners, dealers, and the extended Whaler family," said Lenn Scholz, President of Boston Whaler, headquartered in Edgewater, FL, and a subsidiary of The Brunswick Corporation. "Together, we're creating lasting change in the communities we visit, and that's something truly special."

The weeklong event was packed with unforgettable experiences, from island-hopping and local lunches at Abaco Inn to visits to Hope Town Lighthouse, Pete's Pub, and Nippers. A highlight was a day at Manjack Cay, where guests swam with marine life in crystal-clear waters. Boston Whaler extended sincere thanks to key partners: The Lauderdale Marina, Fisherman's Boat Group, and MarineMax, who helped to make the trip a success.

Yet beyond the stunning scenery, it was the spirit of community that truly defined the experience. "Whether navigating the waters together, swapping stories over dinner, or lending a hand along the way, the bonds formed during this journey are what make our owner events so meaningful," Scholz added, www.bostonwhaler.com



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October 2025 Events

OCTOBER 8-11 | Regatta Bonaire. Launched in 1967, this land and sea event celebrates the island's sailing heritage with a daytime regatta and a nighttime festival. Sailors of all ages, in classes including Optimist, Sunfish, and Keelboats, from local and international backgrounds, participate in races around Bonaire and Klein Bonaire. There's also a Micro Boat regatta, where operators maneuver these radio-controlled 30- to 40-inch model boats from shore. The event also features other water activities, live music, food, and dancing, transforming Kralendijk into a vibrant, festive hub for residents and visitors. www.regattabonaire.com

OCTOBER 9-11 | Cap Cana Classic. Now in its 21st year, this tournament unites passionate anglers from around the world for a weekend of thrilling billfishing. Last year, with 27 boats participating, the U.S.-based De-Bait-Able/Hit N Run won with 10 blue marlin released. While this is primarily a blue marlin tournament, white marlin and sailfish also qualify in the scoring.



editor@allatsea.net

OCTOBER 11-12 | The XVI Regatta Hispanidad. Over 25 yachts from the Dominican Republic, Puerto Rico, Spain, and more are expected to race in this nautical celebration of Hispanic Heritage Day. Hosted by the Santo Domingo Nautical Club in Boca Chica, sailors can participate in racing, spinnaker and non-spinnaker cruising, and catamaran classes. The courses are windward-leeward and triangular set off the beautiful bay. "This year brings exciting enhancements," says Alma Taveras, director of WT Events, which is handling the logistics of the Dominican Association of Offshore Racing Sailboats (ADVELCO)-organized regatta. "There will be a boat available for guests to enjoy the regatta up close, beautiful new trophies with sailboat sculptures, better prizes, and raffles to add to the fun. Also, the awards ceremony moved to a city hotel for a polished presentation." For information, email regatahispanidadrd@gmail.com or call 809-780-0466.





Prizes for the top three boats are awarded in two categories: sonar and non-sonar. There will also be prizes for Best Overall Angler, Best Lady Angler, and Best Junior Angler in each category. Nightly parties and a grand Prize Giving ceremony cap off the fishing fun. marinacapcana.com

OCTOBER 11-12 | Virgin Islands-Puerto Rico Friendship Regatta. Founded in 1996 as the Columbus Day Regatta and hosted by the St. Thomas Yacht Club, the renamed event is an excellent kickoff to the fall sailing season. Held in Cowpet Bay, Great Bay, and Jersey Bay, the event offers experienced sailors a chance to refresh their skills and allows younger sailors to race close to home in familiar waters. Fleets may include Opti Green, Opti Champ, Laser, 420, C420, and Hobie Wave. Junior sailors from St. Croix, St. John, Tortola, Puerto Rico, and abroad join the fun. stthomasyachtclub.org/sailing/regattas/columbus-day-regatta

OCTOBER 17-19 | Release Masters Billfish Tournament.

Hosted out of the Varadero Aruba Marina & Boatyard, this tournament is all about world-class fishing, good fun, and lasting memories. Last year, 16 yachts and more than 80 anglers from Aruba, Curação, Bonaire, and the U.S. came together for two action-packed days, releasing an epic 133 billfish. Families are part of the excitement too, with a kids' pier fishing tournament, live music, and a lively island atmosphere all weekend long. "This year's tournament will be held in honor of Bryon Richardson and the ENERGY team (Davey Croes, Marcelo Heyden, Jarred Croes, and Aischell Tromp)," says Laura Mansur. "It's been hard to imagine this year's event without them; they represented Aruba's young generation of fishermen, full of passion for the sport, always among the first to register, and always bringing the fun and 'energy' that lifted everyone's spirits. We warmly invite everyone to join us in making this year especially meaningful." www.varaderoaruba.com/tournaments





OCTOBER 24-26 | Dominican Boat Rally. First held in 2022, the rally brings together dozens of boats - motorboats, yachts, and recreational vessels of at least 17' LOA - in an organized flotilla to explore by sea. This year's destination is Montecristi, located on the Dominican Republic's northwest coast, approximately 70 miles west of Luperon. The organized flotilla, with logistical support for safety, will include natural attractions such as the Famous Morro de Montecristi, a stop at Cabra Island, a tour of the Seven Brothers Cays (with landing for beach activities and snorkeling), and the final stop at the Grand Grossier Sandbank, for beach time and recreational activities like water games, live music, and entertainment. "The Rally stands out from other nautical events because it is not a speed race, but rather a collective adventure that unites dozens of boats in camaraderie. Furthermore, each edition discovers a new region of the country, contributing to domestic tourism and highlighting the beauty of the Dominican coast," says Alma Taveras, director of WT Events. For information, email dominicanboatrally@gmail.com or call 809-780-0466.

OCTOBER 18, 2025 | Willy T Virgin's Cup. Dinghies, keelboats, and catamarans are welcome to compete in one of the Royal BVI Yacht Club's longest-running events. Sponsored by the Willy T Floating Bar & Grill since 1990, the regatta is known for its unique requirement that all boats entered must have a female skipper, and in some years, half the crew must be women. The race concludes with a lively post-race party at the Willy T, making it a standout in BVI's fall sailing season. www.royalbviyc.org



OCTOBER 24-26 | Caribbean Dinghy Championships.

Sanctioned by the Caribbean Sailing Association (CSA) and hosted this year by the Antiqua Yacht Club, this premier dinghy regatta attracts sailors Caribbean-wide for four days of racing. Last year in St. Maarten, the participating island nations included Barbados, French St. Martin, Martinique, St. Barth's, St. Kitts & Nevis, and Trinidad & Tobago. Classes this year are Optimist, ILCA 4, ILCA 6, ILCA 7, the Topper Fusion (doublehanded), and the RS Venture (double-handed/adaptive). "We're honored to welcome sailors from across the Caribbean to Antigua," says Dr. Clarence Pilgrim, AYC Commodore. "Our club is passionate about competitive sailing and community, and we are proud to provide a world-class venue for this important championship." For more information, including registration, event schedule, and accommodation details, visit www. antiguayachtclub.com/caribbean-dinghy-championship-2025 or contact events@yachtclub.ag

OCTOBER 29 - NOVEMBER 1 | 62nd Port Antonio International Marlin Tournament. Fourteen sportfishing teams released 24 blue marlin in the 2024 event. "This year, we are expecting 20 boats and about 100 anglers," says Maxim Rochester, chair of the Sir Henry Morgan Angling Association, in Jamaica. "Our tournament has a long tradition of productive fishing and a good catch ratio." Marlin, wahoo, tuna, and dolphin count for prizes. jamaicasportsfishing.com





Regatta	2026	2027	2028	2029	2030
RORC Transatlantic Starts	Jan 11	Jan 10	Jan 9	Jan 7	Jan 13
Oyster World Rally Starts	Jan 18	-	Jan 16		Jan 11
Barbados Sailing Week	Jan 18-21	Jan 21–24	Jan 21 – 24	Jan 21-25	Jan 18–22
Grenada Sailing Week	Jan 25-30	Jan 31 – Feb 5	Jan 30-Feb 4	Jan 28-Feb 2	Jan 27-Feb 1
Caribbean Multihull Challenge	Jan 29-Feb 1	Feb 4-7	Feb 3-6	Feb 1-Feb 4	Jan 31 – Feb 3
RORC Nelson's Cup Series	Feb 17-20	Feb 16-19	Feb 15-18	Feb 13-16	Feb 19-22
RORC Caribbean 600 Series	Feb 23-27	Feb 22-26	Feb 21-25	Feb 19-Feb 23	Feb 25-Mar 1
St. Maarten Heineken Regatta	Mar 5-8	Mar 4–7	Mar 2-5	Mar 1-Mar 4	Mar 7–10
Antigua Superyacht Challenge	Mar 3-8	Mar 9–14	Mar 8–13	Mar 6–11	Mar 12-17
St. Barths Bucket Regatta	Mar 12–15	Mar 18–21	Mar 16–19	Mar 15–18	Mar 21 – 24
BVI Spring Regatta & Sailing	Mar 23-29	Mar 29-Apr 4	Mar 27 – Apr 2	Mar 19-25	Apr 1-6 Apr
St.Thomas Int'l Regatta	Apr 2-5	Mar 25-28	Mar 23-26	Mar 29-Apr 1	Mar 28–31
Antigua Racing Cup	Apr 9-12	Apr 8-11	Ap 6-9	Apr 5-8	Apr 11-14
Oyster Regatta	-	Apr 4-9	-	Mar 25-31	-
Antigua Classic Yacht Regatta	Apr 15-20	Apr 14-19	Apr 12-16	Apr 11-15	Apr 18-23
Antigua Sailing Week	Apr 22-26	Apr 21 – 26	Apr 19-23	Apr 18-22	Apr 25-29
Atlantic Rally for Cruisers (ARC)	Nov 22	Nov 21	Nov 20	Nov 19	Nov 24



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Caribbean Multihull Challenge

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CSA Classic including Carriacou Sloops

Light Keel Boat (under 28ft)







Maxed Out in Madagascar

CRUISING | BY CAP'N FATTY GOODLANDER

n mid 2003, my wife Carolyn and I spent four and a half delightful months in deserted Chagos aboard our \$3,000 Hughes 38 Wild Card. However, being unable to reprovision, our food lockers were almost empty prior to our 1,500 mile passage to Madagascar.

Back then, Chagos was rarely visited—except during the monsoonal shift—when the Tradewind-type winds in the area reverse. This reversal allows sailors from Indonesian, Singapore, Malaysia and Thailand to sail to Africa and back without ever sailing to windward if they transited during the correct monsoonal months.

Thus, in a two-week period, a dozen experienced South African crews joined us at Salomon Island in Chagos to await the shift. I spoke with each crew—and each man went silent as I told them I intended to sail around the north tip of Madagascar.

Now, South African sailors are notoriously tough and highly

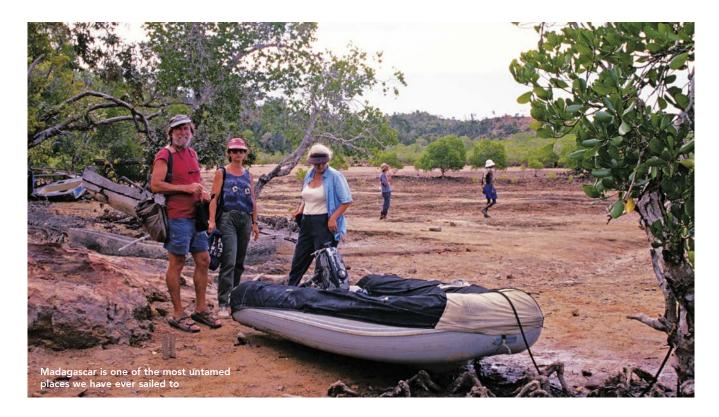
experienced. And they don't tell others what to do nor allow others to tell them what to do. They're stoic. They're closedmouthed. But, as we gradually became friends, I finally managed to get them to open up—and they all said the same thing: the north tip of Madagascar is a no-go zone.

"More boats have been lost, broached, capsized, rolled, and/or pitchpoled rounding Cap d'Ambre on the north tip of Madagascar—than anywhere else in the Indian Ocean," said the highly experienced Colin Craig of the 60-foot aluminum ocean racer Déià vu.

Gulp!

- "...but you've done it, right?" I asked.
- "...yeah," he said, "but... but there's a bit of breeze down there—and some seas, too."

Now, when an ocean racer, boatbuilder, and a multi-season



veteran of the Indian Ocean like Colin Craig utters the phrase 'bit of a breeze,' you'd best believe it.

I did not doubt him for one second. Nonetheless, I was intrigued. I'm drawn to such a challenge, despite all logic and common sense. Heavy weather is like catnip to me—for better or worse, I'm intrigued by it.

Few people in the world have seen a mature, Indian Ocean gale from the deck of a small craft—fewer still, have lived to tell the tale. And what's the saying—that which doesn't kill me, makes me stronger?

"But there's a way, right? I mean, you did it, didn't you?" I said, continuing to press Colin Craig.

"Yes," he said, "but not how you think. Most sailors, hearing its reputation, stand well off. *Don't!* That's the no-go zone. Instead, sail 15 miles *south* of the tip, head toward the beach, and *drag a toe in the sand* northward."

"What the hell does that mean?" I asked, struggling to visualize it.

"What it means is that you have to sail through breaking 20-plus-footers crashing on your port beam—then, when you're on the swallow shelf of Madagascar itself and just about to run aground on the beach, you turn 90 degrees northward, hug the shore as close as possible, and round the

tip in relative calm... if you've got the balls... with the frothing rocks just to port and the massive breaking seas just to starboard in the deep water... knowing that, with each mile traveled northward, the seas will dramatically increase."

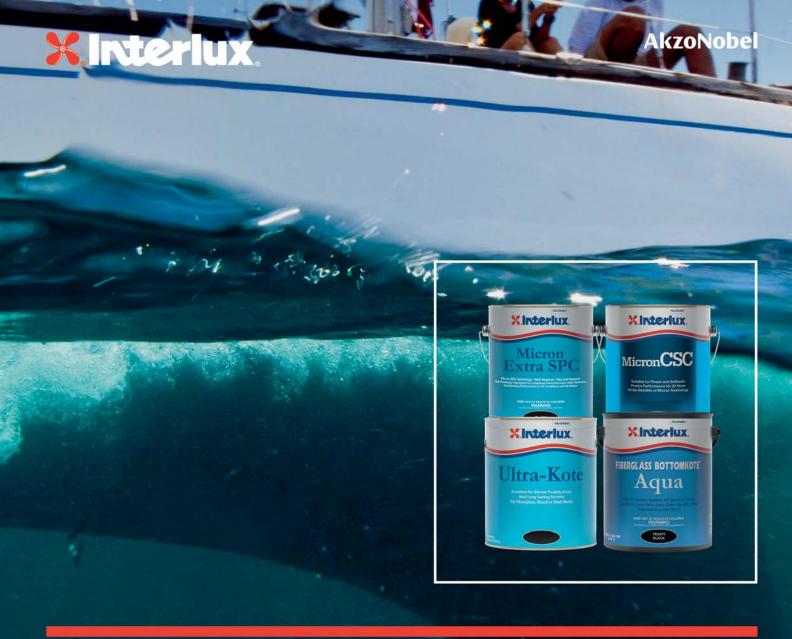
...I missed some of that last part because I was mentally congratulating myself on not having brought my wife Carolyn, a sensible human being, along for our cozy little mano-mano chat.

Here's my reality in a nutshell: I always sail the right ocean at the right time—and, thus, figure that there's nothing out there that will hurt me on a well-handled, well-found vessel such as Wild Card. And I'm almost always right—except when wind and current oppose.

e left Chagos at dawn on June 9th, 2003, and beam reached down to 12S—then turned westward for Madagascar. This kept us in strong winds the whole way. Thus, with a boost from the wind driven current, we averaged 150 mile days on a boat with a 26-foot waterline—not too shabby.

But by day five, we were beginning to struggle in building seas and 28 knots (apparent!) of breeze. A strong high-pressure system reinforced the trades. We were down to a double reefed main and a tiny storm staysail. And the motion inside our modest, 13,000-pound plastic vessel was the worst we'd ever experienced.

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Simple. The high winds and massive seas are unimpeded from Australia, many thousands of miles distant. They're large. And, the closer a sailor gets to the Cape of Storms (aka Cape of Good Hope), the more a wicked sou'easterly swell works its way around the south tip of Africa.

...plus, numerous other ocean currents reinforce, oppose, and tussle with each other in the Madagascar to the Cape of Good Hope region. How many? It's difficult to say because so many different names are bandied about. But the names which I remember (with more than a little dread) twenty years later are the (mighty & mighty fast) Agulhas (which is notorious for snapping freighters in half along the 100-line of the Wild Coast), the South Equatorial, the Equatorial Counter Current, the East African Coastal Current, East Madagascar Current, South Indian, and (as you approach the Cape of the Storms), the powerful spurs and deadly meanderings of the Benguela.

The Benguela and the Agulhas (and their related weather systems) collide directly at the Cape of Good Hope, that's why early sailors dubbed it the Cape of Storms.

Just to spice things up further, along Madagascar and the dreaded *Wild Coast* of South Africa, the seas are large and far apart because of the regular northerly winds—but are, occasionally, struck by massive Sou'weaterly Busters in the 45 to 65 knot range.

...with the life-and-death transition being in the 15 to 20-minute range—not much time for anything save Last Rites.

In the blink of an eye, the long swells flowing southward are humped up into breaking waves of lurid height... waves that, well, swallow modern, state-of-the-art, 100-foot aluminum pilot boats without a trace. (The last time this happened wasn't so long ago—the state-of-the-art pilot boat from Durbin was lost with all hands during a too-swift arrival of a Sou'westerly Buster.)

These wave-trains (and related currents) collide erratically and unpredictably—with growing ferocity as you close with Madagascar. We weren't just experiencing breaking seas—we were experiencing large seas from two different directions at the same time—and the first time my bow disappeared under a wave from the southwest while my cockpit was pooped by a breaking comber from the east, I inadvertently yelled aloud, "Hey, not FAIR, guys!"

Nonetheless, we had our first—and only—170-mile day in the 23 years (and 2 circs and 23 years) we owned our salvaged *Wild Card*.

Nonetheless, we were still making steady progress. Well, until we were passing between the Mascarene Plateau and the Caragados Carajos Shoals at 12S and 61E... where the soundings went from 800 to 10,000 feet in the blink of an eye...

...and some sort of weird, brutal, ocean-current-upwelling took place.

...it suddenly appeared as if we were in a war zone—with vertical explosions of water where the different wave-trains collided... like individual members of an army tussling with each other.

Strange! And more than a little terrifying.

...hand grenades!

In a lifetime at sea, I'd never seen anything like it. Instantly we were deck-swept by a massive sea—and when we popped back to the surface, all our fuel jugs were gone. Hell, everything lashed on deck was gone! The bitter ends of our running rigging were also trailing astern. All of our MOB equipment was overboard—and this is after 50,000 ocean miles sailed!

It was disorienting—and disconcerting as well.

We were getting pooped from astern repeatedly. A large piece of blue Sunbrella was streaming aft—a ripped sailcover or our awning, I knew not.

...ah! So this is what a South African sailor means when he winks while hoisting a pint at the Darwin Yacht Club, and says, "...bit o' breeze down there, Fatty!"

Here's what happens in the Indian—too many things go wrong at the same time. You don't have time to fix 'em all before new, more critical things break. This wears you down. You can't sleep because you're too busy surviving. And, thus, you become a numbskull.

...or, in my case, more of a numbskull!

All around us, where these major currents collided, spouts of water shot up directly into the air-kinda 'clapped' exuberantly into the air—as if firehoses were just beneath the surface, aiming wickedly for the stars.

Damn!

Here's another 'don't-tell-anyone' secret—the more concerned and scared I get, the sillier I act.

...to put as positive of a face on the situation as I could, I sang out gayly, "...spring cleaning, Indian Ocean-style!"

Carolyn was not amused.

Again and again our cockpit filled to its brim with saltwater thank gosh I'd increased the scupper size! I was so nervous, I had to pee—easy enough to do while attempting to hand steer in a saltwater swimming pool!

Within 45 minutes, however, the sea state was back to normal—I wish I could say the same for my mental health.

...and my underwear.

Normally, I attempt to fly as little canvas as possible in these situations—but the sea was so confused and the waves so sloppy that I had to show far more sail than I intended in order to bully my way through the chaotic, lumpy seas.

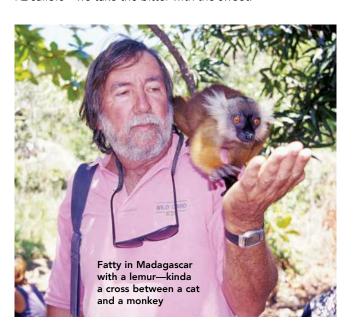
Carolyn and I started getting super polite with each other—a sure sign we were both worried. (Pro tip: if you think your spouse might be swept overboard any second, go easy on yelling at her for over-cooking the eggs.)

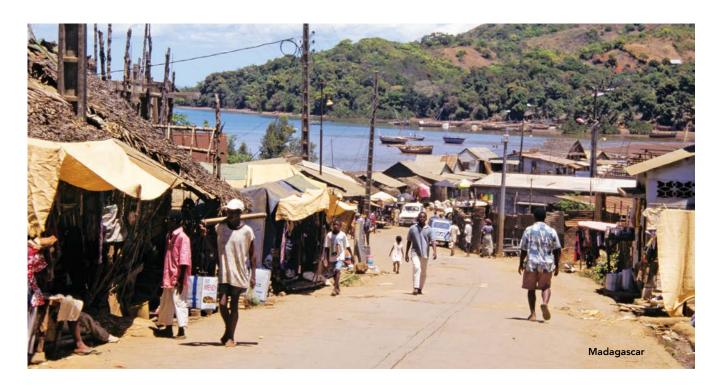
Fred, our South African weather router, cheerfully informed us via SSB radio that we were going to experience "...gale force winds with six-meter building seas offshore—increasing steadily as you approach Madagascar."

...sadists—South African weather forecasters are all gleeful sadists!

"...tell him we're Americans," Carolyn quipped, "And that we're cool with six-footers—not six meters!"

"...meters, feet," I yawned, "what's the dif, babe! We're low IQ sailors—we take the bitter with the sweet."





"...you're half right," she agreed, deadpan.

One more thing: with constant changes in wind-and-current velocity/direction, sleep becomes difficult or impossible. I was getting too wired—almost zombie-like.

Now, when I'd salvaged Wild Card off the beach in October 1989 after Hurricane Hugo, she'd had a single inner and outer steering cable—totally unsuited for offshore. I'd replace that toy steering system with a tiller. Alas, being poor, I'd used all scrounged materials off various hurricane wrecks.

Now, just when I didn't need any more stress in the middle of the world's roughest ocean, I heard a loud crack!—and suddenly my tiller felt different on one side. I looked down. The tang on the starboard side (with the three bolts at the butt of the tiller) had cracked clean through. (Yes, I'd noticed a tiny, rusty crack in Chagos—but stupidly hadn't investigated further.)

I only had minutes before I'd lose my steering completely.

"...never a dull moment," I chuckled to Carolyn, "our tiller bracket—that silly piece of stainless that connects our tiller to our rudder—that goofy, half-assed gizmo—just broke."

"What do you need, Skip," she asked matter-of-factly.

...'skip' is short for skipper... and when she calls me 'Skip,' what my wife is really asking is, "...how did I allow you to talk me into this, you rotten bastard!"

"I need a handsaw, two pieces of hard wood, a drill, some 5-inch SS bolts—and a ton of luck."

"...no problem on the first four," she said, ducking below.

It took less than five minutes for me to fabricate a clumsy (but strong) four-bolt clamp to sandwich-clamp the tiller bracket together temporarily.

"...you're kidding me," Carolyn said, looking at my bulky, crudely-finished splint.

"...better than chewing gum," I parried.

"...that's weaker than your morals!" she said.

Ouch.;-(

By this point, we were down to storm staysail and a triplereefed mainsail. Normally, I'd heave-to under the circumstances—but much worse weather was on the way. And the Indian Ocean is no place to lollygag. (South Africa is the only place I've heard an official marine WX forecast use the phrase 'phenomenal seas'... meaning sixty-foot plus waves.)

"Land-ho," cried Carolyn. "...and sail-ho too!"

Now, bear in mind that we'd been at sea for nearly two weeks at this point—with limited provisions, in extreme conditions, and with non-stop action. Tired? Yes, a tad.

As we closed with the coast 15 miles south of the northern tip of Madagascar, we discovered our friends Jeremy of the O'Day 37 Forever Young and Greg and Denise of the Bob Perry-designed CT37 Four Winds milling about, attempting to decide what to do.

Jeremy, a gung-ho Aussie sailor, went first. I was happy to let him. I and Greg held back, awaiting a report. In an hour or so, Jeremy radioed back, "Doable." I went next—and promised Greg I'd keep him posted on our progress.

Now here's the problem—as stated, when wind and current oppose each other, the resulting seas hump up. The stronger the current and the wind, the higher the breaking seas. And Madagascar was a giant wind-and-current fence—forcing both northward at a much higher velocity than normal.

...which would have been horrible enough—but wait, it gets worse.

At the very tip of Madagascar, this accelerated wind and current flowing to the *north* collides with the *south*-flowing Agulhas current flowing *down* the coast of Africa—making the tip of Cap d'Ambre untenable, literally a *no-go zone* for recreational craft less than 100 feet... especially during certain weather combos... combos exactly like we were experiencing at that very moment.

To simplify, I wasn't merely heading into an area where the wind opposed the current. I was heading into an area where two strong currents opposed each other. This is rare. And since water is more than 775 times thicker than air, the seas would be much worse—not to mention the effect of the 40+ knots of howling breeze reinforcing one current while opposing the other... damn!

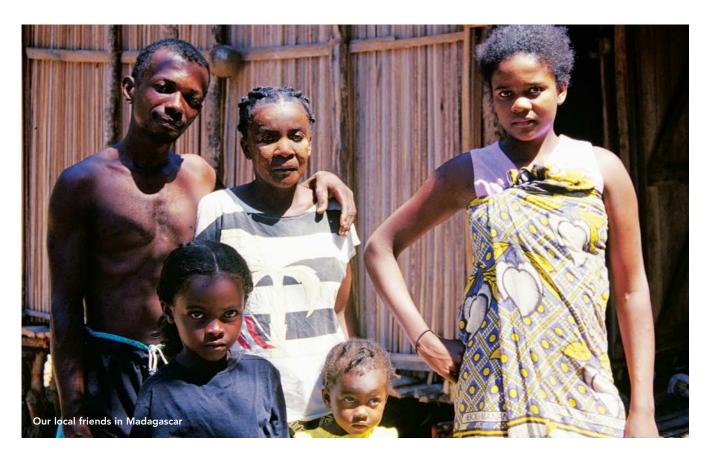
Now, if the conventional wisdom is to enter 15 miles *down* the coast from the tip, this means that you have to then sail 15 miles back up, northward, in an increasingly narrow patch of water between hard rocks to port and breaking seas to starboard.

...easier said than done.

This is mentally wearying—and requires a tight sphincter and balls the size of weather balloons. I've totally blacked out the memory of running beam-to those breaking seas up to the coast—but vividly remember seeing the beach just ahead and the smoother patch of water just ahead... while wildly careening westward at 8+ knots... wondering which we'd hit first.

Suddenly, what seemed like yards off the beach, the water





smoothed out a bit, and I turned northward... zooming along crazily just off the frothing, terrifyingly-close beach.

Now, any sailor who has hand-steered in truly heavy weather knows how important it is to be *dead-down*—to be 90 degrees from the breaking sea as it explodes over your transom and floods your cockpit. Normally, in the deep ocean, this isn't a problem.

But here, it was a problem—and because I couldn't error on the 'hard' side of the beach to port—caution kept veering back into the worst of the breaking seas.

I steered a zig-zag course—hopefully, not a zig-zag of death. And we were totally committed at this point—or, more accurately, should be committed as Carolyn says.

Worse, about six or seven miles from the Cap d' Ambre, a jutting headland appeared before me—and I couldn't turn Wild Card enough to starboard to avoid it without broaching. Oh, dear!

I roughly estimated most of the seas at 28-footers, but a few were noticeably higher—I have no idea how much.

And the jagged headland was coming at me fast. And I was in

44 knots of breeze. And 28-foot seas. And I was happily married and didn't want to drown my wife—nor to lose my own life. (Doctor James Clayton of the Red Hook Medical Practice on St. Thomas told me, when I left the USVI to circumnavigate, a truly sobering fact: "...if you drown, Fatty—no more sex!")

Yikes!

Thus, I now squared-up to be 100% dead-downwind with, and 90 degrees from, the huge overtaking seas—and the moment they flooded our cockpit, jerked my tiller to *port* to veer my bow to *starboard* and momentarily gain as much sea room as possible... in the few seconds before the next breaking wave smothered us.

...and, yes, I was winning. But only a few feet at a time. And here came that iron-bound headland—which sent spumes of water hundreds of feet in the air as each massive wave struck its base.

...by this point, I had little protection from the sea—the band of calmer water was getting too narrow to hide in.

...and my nerves were strung tighter than a banjo.

"...yes, Lord, I'm feeling alive now," I shouted—the howling breeze snatching away my defiant words.

Here's my philosophy of life, the way I've managed to be a stupid man while doing things others only dream of-I put one foot in front of the other. That's it—that's the full extent of my (admittedly dim) intellectual prowess.

And so I steered—second by second, minute by minute, and hour by hour-I just 'kept on keeping on' until I cleared the headland. My life became simple and focused: survive the next wave. And the next. And the next. The last half an hour was the worst.

As each massive sea would break over our transom and fill our cockpit, the added weight would make the rudder feel slow-and-sticky as our bow skyed and transom squatted. Down, down, down we'd slide down the wave's back side... with wind and wind noise doppling-downward as well.

As we'd bottom out in the trough, the wind might subside to 28 knots or so... but only for an instant. (Also, in the trough, I could sometimes hear my cockpit scuppers loudly suck, indicating the cockpit was empty and ready, in a few more seconds, for another multi-ton load.)

Then we'd be on the 'up' elevator on the front of the overtaking sea.... bow-down now, racing and carving and veering in front of the 28-foot, five-zillion-metric-ton breaking crest.... like skiing far too fast down an approaching, unstoppable mountainside... a screaming, shrieking, frothy mountain of liquid granite.

At this point I'd have to square up and be 90-degrees to the crest, or we'd carve out and broach or... worst case, pitchpole. (I've never pitchpoled and would prefer not to, thanks.)

...there would then be a horrible moment which I began to think of as the 'wobble' when my vessel would be parallel with the surface and my transom in air with a mountain of foaming spume on each side—while the top of the breaking seas would be hitting the mizzen mast above my head.

...how much fun can one sailor stand!

...the wobble made me want to throw up—but there was no time for silly-boy theatrics now.

Then the solid water of the onrushing sea would strike my transom within a millisecond of the water above falling on my vessel. It was like getting hit by a large truck made of foam rubber... a heavy blow that dramatically shoved us forward... but, for all its implacable force, it was a soft blow as well.

I'd have to be braced and holding on extremely tight or I'd be ripped from the tiller and/or tossed overboard as the sea exploded all around me.

For one second, I'd be steering in a chilly swimming pool then the extreme motion would toss much of the seawater out of the cockpit... my bow would begin to sky again... and the sequence would repeat... for hours... for what seemed like, to me, forever!

...Carolyn was screaming something below. It took me a while to understand her words. "...one more mile, Fattyonly one more mile!"

Huh?

"...you've got this!" she yelled through the closed and locked companionway.

What?

I was too tired to think, too tired to understand—almost (but not quite) too tired to care. Then smooth, empty water to port—and I instinctively jibed my bullet-proof storm jib... and sailed into s-u-m-m-e-r. Palms waved. Sea gulls flew. Fish jumped.

It seemed a miracle—maybe it was a miracle.

...or just the worst nightmare of my nautical life coming to a successful conclusion.

...one foot in front of the other!

That's the key to survival.

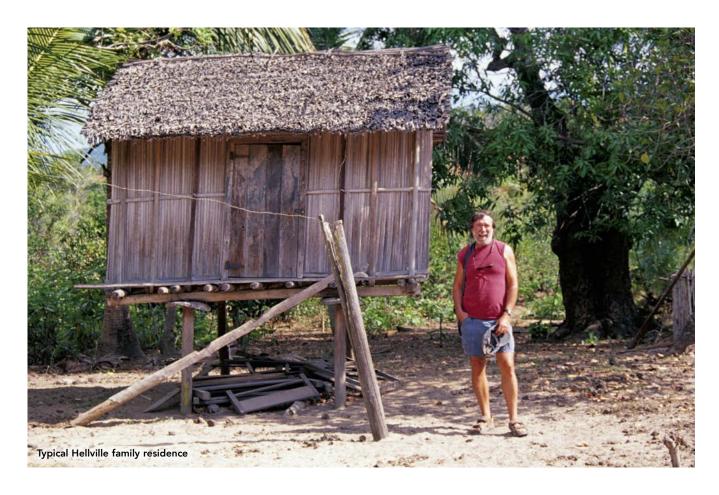
It was if, during that jibe, I sailed from Satan's Lair (within King Neptune's Realm) into a lovely, safe, summer's day.

"Anchor down," I said to Carolyn, while blinking in mental confusion.

As the chain rattled out, I dashed below and called Four Winds. Greg just happened to be below at his nav station at the time. They were, gulp, headed in—getting ready to cross the worse of the treacherous seas beam-on.

...in what might be even worse conditions than we'd just experienced.

"How was it?" asked Greg.



I was conflicted. Greg and Denise are wonderful, warm, loving people whom I admire greatly—the last sort of people I'd want to discourage. Yet, on the other hand, I had to tell them the truth—so I blurted it out.

"...pretty God-damn rough," I said. "Honestly? That's the most... the most maxed-out I've ever been."

I don't know why I said it that way—but that was the phrase that popped out of my mouth, maxed out.

Three weeks after this moment, I met musician Greg between sets in Cape Town. He was sitting in with a local blues band. He's a blues harp player—a good one.

...and the only white face in a sea of black.

"When you said that about being 'maxed out,'" Greg said, "I told Denise that, "...you know Fatty, honey—he's a writer. He always exaggerates..."

We had a good, nervous laugh about that because, in reality, a couple of minutes after hanging up the mic—while Greg was still below and Denise still outside in the howling,

spume-filled cockpit... and Carolyn and I were making googoo eyes at each other and tossing are discarded clothes around the cabin while professing our undying love and eternal lust...

...Four Winds s-l-o-w-l-y turtled.

Greg managed to stand up and run vertically & sideways with the roll until the CT37 stopped upside down. He couldn't believe what he was experiencing. His mast was pointing down, not up! Seawater was fire-hosing into the boat from a dozen places—mainly squirting in through the gaps of the closed companionway. Meanwhile, outside, Denise's world literally turned upside down. One minute she was steering in extreme weather—and the next, blackness.

WTF?

She popped to the surface, tethered next to the boat by her safety harness... its keel halted about 10 degrees from vertical. (The boat didn't roll completely—a moot point at the time.) Denise couldn't believe it. Their 20,000-pound boat—one of the most seaworthy designs ever penned—just seemed frozen there.

"...come back up," she prayed calmly, more bewildered than scared, "...honey, come back up!"

Below, Greg, too, was confused. The boat seemed motionless. How could that be? The wind had been howling; now it was silent. The seas had been huge; now the boat seemed eerily steady.

By this point, the upside down Four Winds had considerable water in her-many tons, in fact. Everything loose in the main cabin was floating above, and Greg was standing on what had been the underside of the deck a few seconds ago.

Greg sloshed sideways in the swirling water—and realized that, degree-by-tiny-degree, Four Winds (with her massive keel) was beginning to right herself. As she slowly turned back upright, the two-and-a-half feet of sea water and Greg crab-walked sideways—the rotating water ruining every-single-thing (and all the electrics/electronics) on one side of the boat... but one side only.

...some books on the other side of the vessel didn't even get splashed!

Weirdl

Greg was crying now, thinking of Denise tethered in the upside-down cockpit—either drowning or drowned.

Outside, on the surface next to Four Winds, Denise's prayers were answered. The keel started to lower... slowly at first, then faster and faster as the righting moment increased.

As the cockpit broke the surface, she just swam into it like a grateful, half-drown whale.

...all is well that ends well.

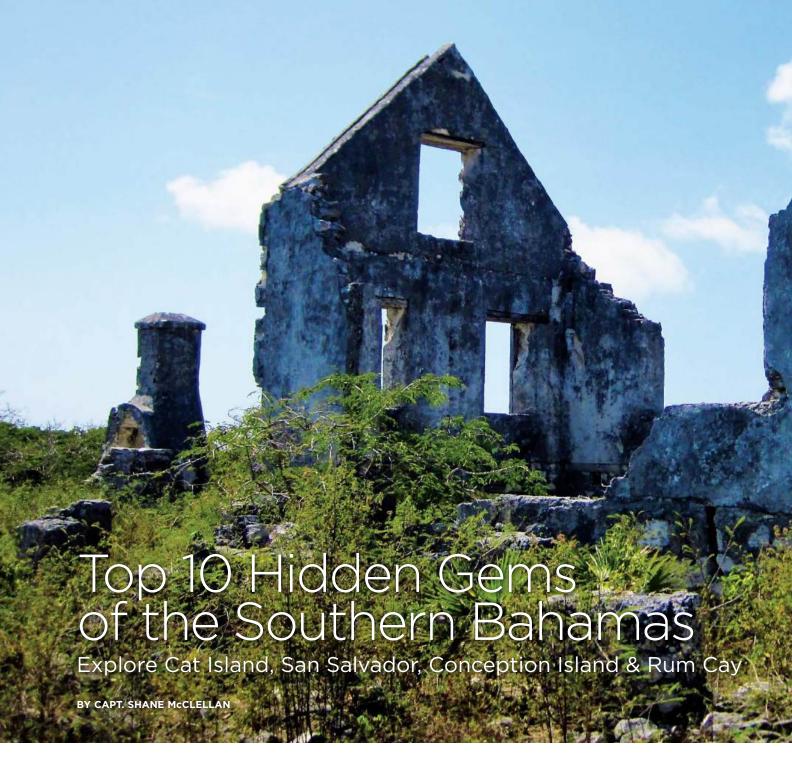
And, no, neither Greg nor Denise ever accused me of exaggerating again.

EDITOR'S NOTE: Fatty and Carolyn are both too old to remember their exact age—and happy as clams to be living aboard in windless, flatwater Singapore.

AUTHOR'S NOTE: Since that time, we've sailed an additional 100,000 ocean miles or so—and are happy to report that our second transit of the Cape of Good Hope eleven years later (passing well south of Madagascar) was delightfully uneventful.







his month we're back in the Bahamas to focus on four specific out islands. These four islands are grouped near each other but are some of the least visited islands in the Bahamas. Each island has its own call to fame. Cat Island was the retirement home of a priest that worked for decades in the Bahamas. San Salvador is the suspected first landing site of Christopher Columbus in the New World. Conception Island is completely uninhabited and a national park. Rum Cay was named due to a shipwreck where casks of rum washed ashore. If you visit any of the islands you will be amazed at the friendliness of the islanders. I arrived the

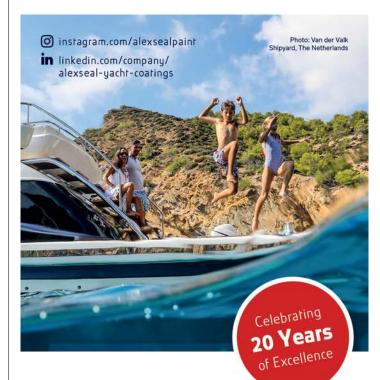
day of the Rum Cay Christmas tree lighting party & dinner and a local rowed out to make sure I knew I was invited to the party. Great experience. Now let's get to my top ten in these islands.

10 Lighthouse & Castle (San Salvador) – While we will come back and talk about the landing of Columbus, this entry is for some of the lesser places on the island. This includes a great view from a traditional lighthouse at Dixon Hill and a "castle" which is really the great house of a Watling's Plantation at the southern end of the island. The





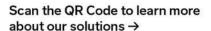
interesting thing about this plantation was the cellar is still visible and accessible. There are also a couple of small blue holes around the southern part of the island but nothing to get too excited about since there are better blue holes all over the Bahamas



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Churches (Cat Island) - After Long Island I found Cat Island to have some of the prettiest churches. My favorite was the ancient looking Catholic church at Old Bight, but the church at New Bight was the last church built by Father Jerome. You also have a church at Arthur Town and while it's not a church the Armbrister's Great House has some cool architecture.

A Little San Salvador (Cat Island) – The interesting thing here is it's called Little San Salvador Island but it's actually off of the northern part of Cat Island. This little cay is a cruise ship destination for Carnival and Holland American

cruise lines. I anchored in the beautiful Half Moon Bay and swam ashore to walk among the cruise ship guest and hang out. It's fun but not the end-all be all if you know what I mean. I did like the pirate ship building that they used for the bar.

Rum Cay is Port Nelson, located on the southern coast. To the east is a beautiful salt pond that at one time was actively used to mine salt. The entrance is on the southeast corner of the island and is navigable by dinghy. I even found a shallow cave half underwater that had beautiful coral growing around it. The unlucky part for me was that I spun a prop earlier and it finally doomed the dinghy here and I had a walk across this salt pond all the way back to town and get a ride to the boat. Oops!







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The Bight (Cat Island) - This is a large expanse of shallow water. In fact, it's no more than 20 ft deep, runs O the entire length of the island on the western side, and extends almost 5 mi from shore. What's amazing is anchoring anywhere along the island that the winds dictate at the moment and you will be over this amazingly beautiful white sand. I was there during a full moon and was absolutely amazed that I could almost read a book at night with the moon light and the light reflecting off of the sand below me. It was a surreal moment.



Flamingo Bay (Rum Cay) - Sitting on the northwest part of Rum Cay is a beautiful bay that doesn't have great protection but has amazing coral heads all over the place. Also, about a mile along the coast you can find the Hartford Cave with same spectacular Lucayan petroglyphs that are rarely visited. The only thing I advise is to be careful as the surf can be fairly large along the north coast. I found this out when I dumped my kayak on the approach. As I always say, experience is the thing you get right after you needed it. Haha.

HMS Conqueror wreckage (Rum Cay) - staying on Rumpke but this time being off the southern coast you can find the 1861 wreckage of the 240 feet, two deck, ship

of the line there was one of the first to be screw propelled. They're wreckage is on the reef protecting the anchorage and sits in 20 to 30 ft of water. You can find the shaft, cannons, the chain, anchor and more. This was one of my first wreck snorkels and I found it fascinating and would love to go back now that I'm a much more seasoned snorkeler.







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3 Columbus memorials (San Salvador) – Now let's talk about the first landfall of Christopher Columbus in the New World in 1492. San Salvador is the most likely candidate for that distinction. On the island you will find many memorials from different organizations memorializing this historical event. My favorite memorial was out in the anchorage in 40 ft of water where his anchor supposedly touched down for the first time. The funny part was trying to find the exact location was difficult even from the locals on the island as they usually said "Oh yeah, that's right. I remember something out there". There are also memorials for the 1968 Olympics held in Mexico when the torch passed through this island and a statue of an iguana.

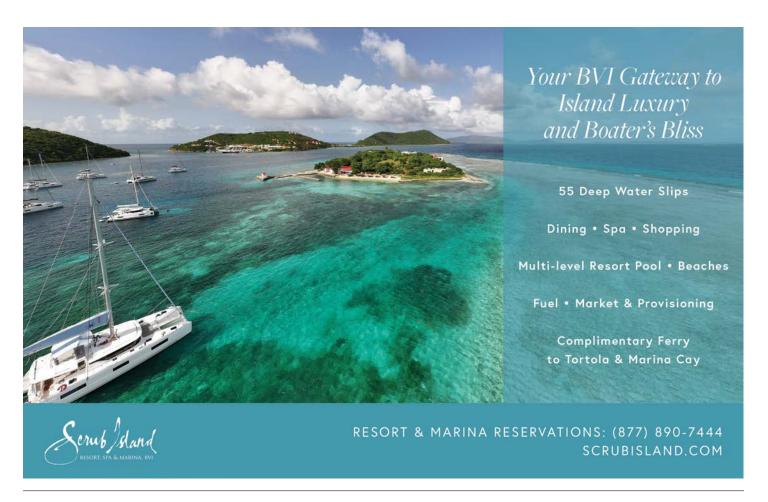


Conception Island – This is the only entry for Conception Island, but that's because this is an uninhabited small island that's a national park. Therefore, there's only one thing to do here and that is to enjoy the nature. The island is very low lying and has tidal creeks running all through it, so it is fantastic to explore by kayak. You can find mangroves, turtles, fish, and many other nautical wildlife. I also found a radio tower to climb

up and see how beautiful the island was from the air. Gorgeous place to spend several days if the weather allows.



The Hermitage (Cat Island) – For me the retirement home of Father Jerome, who spent decades ministering in the Bahamas and using his architecture knowledge to build beautiful churches, was one of the top three things I wanted to see even before I visited the Bahamas and it did not disappoint. The Hermitage sits on the highest point in the Bahamas and as you walk up the hill to it you pass various hand carved artwork depicting the 14 stations of the cross that Father Jerome built. At the Hermitage you realize this was a small man as you explore his handbuilt retirement monastery with a bedroom, kitchen, chapel, bell tower, and other items he would need to hermit away for the last 10 to 20 years of his life.







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Bareboat Chartering in the Caribbean-Dock, Moor, or Anchor?

BY CAROL M. BAREUTHER

standout experience of chartering a boat for a week in the Caribbean is the ability to spend each night somewhere new—whether tied up at a bustling dock, relaxing on a mooring, or anchored in a serene, secluded bay.

When Michael Cosgrove and his family bareboat chartered a 42-foot catamaran in July for a week sailing in the British Virgin Islands, they enjoyed all three. "The BVI is a fantastic place to charter with great anchorages and small bars and restaurants at every spot with a short sail in between," says Cosgrove, who cruised with his wife and three children, ages 10, 12, and



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14. "We did anchor a few times during the day for snorkeling stops, but always spent the night on a mooring ball. One night we spent at the dock on Virgin Gorda, which was great. We ended up with that just because of the cancellation."

If you're on a crewed yacht charter, it's the crew who take care of making the overnighting arrangements. If you're bareboating, it's up to you. This is especially important since some companies don't permit night sailing on a bareboat charter. Here's what to know and how to be prepared:

BEFORE CHARTER BRIEFINGS

Clients bareboating with Dream Yacht, in Annapolis, MD, with Caribbean bases in Antigua, the British Virgin Islands, Grenada, Guadeloupe, Martinique, St. Martin, and the U.S. Virgin Islands, are sent a detailed base guide before departure. Then, clients receive a briefing on board their yacht an hour or so before setting sail. This orientation includes mooring, anchorage, and itinerary help.

Similarly, bareboat charter companies such as The Moorings & Sunsail, in Clearwater, FL, with bases on the Caribbean islands of Antigua, the British Virgin Islands, Grenada, St. Lucia, and St. Martin, provide detailed charts and safety briefings to each guest before they set sail.

"These detail the appropriate anchorages to plan for an itinerary, including mooring balls and anchoring-only areas, as well as any 'red zones' that should be avoided due to various hazards and more dangerous conditions. We also provide sample itineraries on our website for each destination, which can help guests plan ahead of their journey the anchorages which they'd like to include on their individual vacations," says lan Pedersen, senior marketing manager.

TRANSIENT DOCKAGE

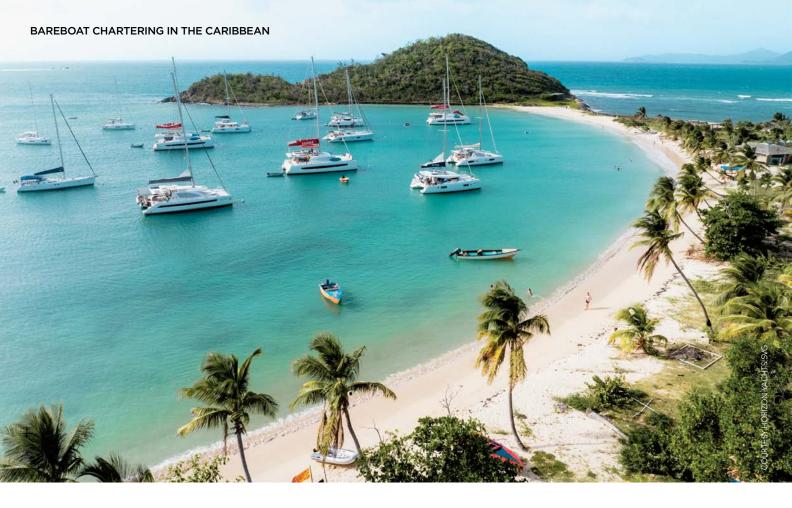
"Staying on the dock at Virgin Gorda was really fun and I'd recommend reserving a slip in advance," says Cosgrove.

Many Caribbean marinas offer transient slips. Popular examples include Safe Harbor Puerto Del Rey, Puerto Rico; Scrub Island Resort, Spa & Marina, BVI; Marigot Bay Yacht Haven, St. Lucia; and Clarkes Court Boatyard & Marina, Grenada. However, it is essential to contact marinas directly to confirm availability, as space can be limited and demand varies by season and location. Or, options to reserve online include Dockwa (dockwa.com), which has 8 Caribbean locations on its website, and Snag-a-Slip (www.snagaslip.com) with 4.

"There are also a few marinas in the BVI that offer dockage and Mooring Balls like the Bitter End Yacht Club, Saba Rock, and







Scrub Island," says Raul Bermudez, vice president of MarineMax Vacations, with its base at the Nanny Cay Marina, in Tortola, BVI.

In the Southern Caribbean, marina spaces are few and far between, according to Lesley Dowden, reservationist at Horizon Yacht Charters, at the Blue Lagoon Marina & Hotel, in St. Vincent & the Grenadines. "Sandy Lane in Canouan is the main marina, and there are always plenty of berths available. It is quite pricey, but it is lovely, and charter guests do feel it is worth the expense."

OVERNIGHT MOORINGS

Mooring balls are usually plentiful and readily available in most Caribbean charter destinations, says The Moorings & Sunsail's Pedersen. "These are mostly utilized on a first-come, first-serve basis and paid nightly. However, in a few locations, such as the BVI, there are apps like BoatyBall, through which you can reserve a mooring ball in advance. This is done the morning of and is a bit of a race to reserve one when the reservation window opens before they are all sold out."

The Tobago Cays have both anchoring and moorings, and the rate is the same for both, so the moorings get taken quickly, says Horizon's Dowden. "Mustique has limited moorings. You have to pay for 3 nights even if you only want to stay for 1, so booking ahead is advised during prime dates such as Christmas and New Year."

ANCHORAGES

Anchoring in the Caribbean is generally very good, with many anchorages offering calm, protected conditions and sandy bottoms that provide a secure hold for the anchor. Bareboat companies often give suggestions on where to anchor, and where not to, in their itineraries. For example, a sample suggested route from The Moorings suggests clients pick up a mooring at Cooper Island, as the main harbor here, Manchioneel Bay, has poor holding ground for anchoring. And in Anegada, anchoring is possible in both the inner and outer harbors, where the holding ground is reportedly good.

"Most islands allow you to anchor, but space may be limited during prime holiday times. Bequia has a huge, open bay with plenty of space to anchor at any time of year," says Dowden.

There are no anchoring zones in the Caribbean. Some of these include Leinster Bay on St. John, part of the Virgin Islands National Park; Grande Anse Beach in Grenada, as it's located within the Grand Anse Marine Protected Area; and areas in the Tobago Cays Marine Park, to protect coral reefs and seagrass beds.

A little advance planning and close attention to the guidance from bareboat companies can ensure a safe and scenic anchorage to enjoy spectacular sunsets and sunrises.

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Competition for Mooring Balls in the BVI and What's New for the 2025-2026 Season

The morning reservation situation proved a little painful for Michael Cosgrove and his family, who bareboat chartered a 42-foot catamaran in July for a week sailing in the British Virgin Islands. "The last time I dealt with this was years ago, when moorings were first-come, first-served. Now, that is only part of the mooring field, and the other parts are reserved on the BoatyBall app. We had some mild difficulty securing a ball at 7 a.m. when they became available, as they quickly popped up as 'reserved'. However, we did manage to get through the week with a mooring every night."

BoatyBall is a web-based application in the BVI that allows boaters to reserve mooring balls, pay for selected first-come, first-served moorings, and accomplish other tasks like making dinner reservations. The app currently has around 400 moorings in the program in the Virgin Islands. The majority are based in the BVI, but there are also some in the USVI, which the Virgin Islands Professional Charter Association oversees. The moorings in the BVI are owned by individual businesses. They are maintained by a local company called Moor Seacure, which has been installing and maintaining moorings in the BVI for over 30 years.

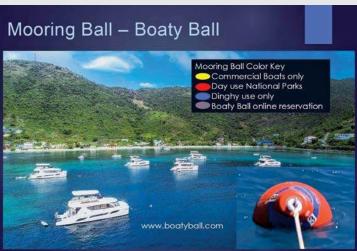
BoatyBall offers boaters the option to pay \$40 for a first-come, first-served mooring or \$55 to reserve one for the same day. Typically, users book early in the morning, spend the day exploring nearby islands, and return in the evening to tie up at their reserved mooring ball.

"The demand has created challenges," says Ty Atteberry, who, with Bob Wall, co-founded BoatyBall LLC USA, headquartered in Raleigh, NC. "We have considered making moorings available months in advance, but because of the demand, this would create a secondary market for moorings. For example, one of the major charter companies encouraged us to reserve the moorings months in advance so they could book them all and then make them available to their quests. We believe that would be bad for the BVI, so we have stuck with the 7 a.m. day of booking to prevent this from happening."

Constantly changing plans based on weather and other unforeseen issues has led to the company processing 2000 cancellations with same-day reservations this past season, adds Atteberry. "It is currently free to create an account. This has created a false demand, with many boats having multiple people trying to reserve at once. This season, we averaged over 400 users on the app every morning trying to reserve."

To address this issue, BoatyBall has instituted a \$15 annual membership fee to reserve a mooring. As Atteberry explains, the small fee effectively weeds out bots and non-serious users, thereby eliminating fake accounts and reducing demand pressure due to the lower number of fake accounts. boatyball.com













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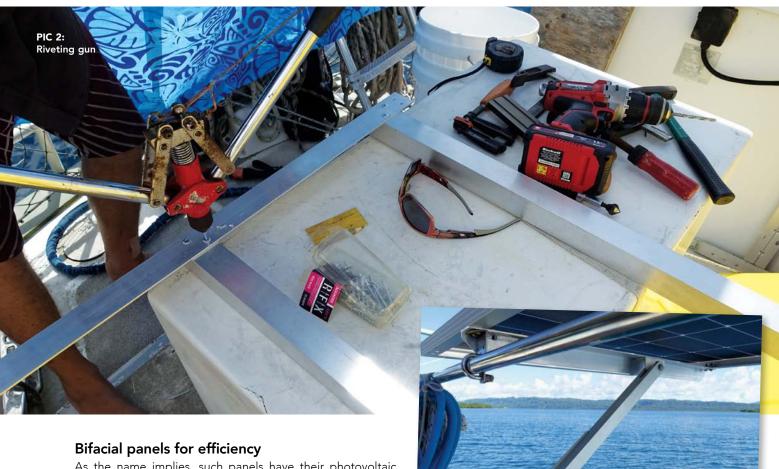
Mounting Bifacial Solar Panels

TEXT AND PHOTOS BY BIRGIT HACKL & CHRISTIAN FELDBAUER

f you want to rely solely on alternative energy on your boat, you need quite an extensive solar array—actually once you've been out cruising for a while, you're likely to find that you consume even more than expected. While catamarans feature large areas that can conveniently be covered with photovoltaic, it is more difficult to find space on a monohull (particularly on a classic design with a narrow stern). We therefore decided not to go just for quantity, but for quality and efficiency and switched to bifacial panels on our SY Pitufa.

We set out cruising from the Mediterranean in 2011 with the rather naive (and in hindsight ridiculous) assumption that three little panels would be enough to cover our energy needs. By the time we reached the Atlantic, we had enough of a camping-like lifestyle with limited laptop time and rationed music consumption, bought another two panels in the Canary Islands and a few more over the years. After each purchase, Christian had to build new mounts and shuffle the whole array to somehow fit on Pitufa's narrow stern and fragile radar arch. Our motley collection of different brands, designs and dimensions wasn't ideal from an aesthetic point of view, but moreover, it also didn't bring maximum charging power. Swapping from lead-acid batteries to lithium helped for a while, but during the winter of 2025 we could no longer ignore the problem: even though we are cruising all-year-round close to the equator, the lower angle of the winter sun in combination with cloudy or overcast days meant that we had to limit our energy consumption or turn on the engine from time to time to charge the batteries. We finally had to bite the bullet and invest in new solar panels. But this time we didn't go for some dusty shelf warmer in a local China shop with out-dated technology. If we changed the set-up yet again, it was meant to last a long time, so we did some research and ended up ordering bifacial solar panels from Renogy.





As the name implies, such panels have their photovoltaic cells on a transparent base layer to collect light from both their front and back surfaces—ideal for our boat where the mountings on radar arch as well as and on the railings mean they are located right above the glittering, reflecting surface of the sea. We could hardly believe our eyes when we saw that the efficiency of these modern panels: with incredible 20 W/ft² (212 W/m²) they would allow us to upgrade to 1 kW from our existing 600 Watts (which was theoretical as the old panels hadn't yielded so much energy in years) with only a slightly larger panel surface! Due to our remote location in the Solomon Islands we ordered the panels together with all the material that would be needed for mounting them from Australia. Christian spent days contemplating, measuring and drawing sketches before he finally dared to finalize an order for custom-cut aluminum profiles and angles.

The shipment arrived with a month delay (the delights of remote cruising), but all our goodies had survived the container ship trip unscathed, so we did a last raid through hardware shops for screws, nuts and bolts and headed out to a calm anchorage to get cracking! Looking at the huge cardboard boxes we felt slightly intimidated. Would the panels fit? Would the mounts be strong enough? Had we thought of all the necessary bits'n'pieces?

1. RAILING PANELS

With these mounts the challenge was to make them adjustable (to be able to put them at a different angles, e.g. when heeling on a passage) and foldable (to get them out of harm's way when docking).

PIC 3:

mounts

Railing panel

We started by fixing two 40 mm aluminum L profiles to the panel frame that would act as a support for the adjustable mount (pic 1). We used bolts for the first one, but adding on nylon washers and nuts in the teeny tiny gap between frame and panel was too hard on our relationship ("You put them on with your slim fingers..." followed by half an hour of cursing and fiddling on my part), so we decided to use rivets for the rest. Aluminum rivets are not as strong as bolts, but as all the other parts are of the same metal, they don't cause corrosion and of course they are much quicker done than bolts (pic 2).



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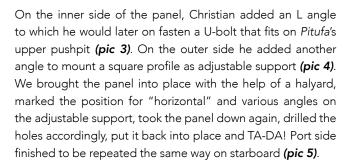
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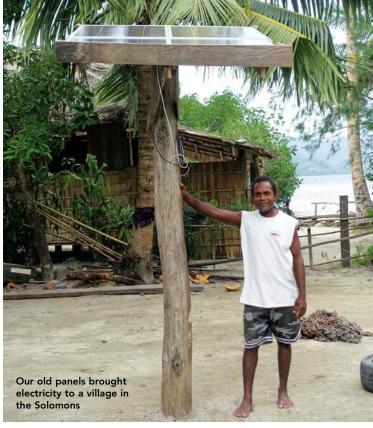
2. RADAR ARCH PANELS

In this location the panels can be rigidly mounted, which makes things easier, but the challenge is the uneven shape of the arch and (in our case) the narrow design. So the mounting frame had to consist of square profiles to broaden the support, plus L-profiles like we used for the railing panels—again all riveted together. We then fixed these frames to the radar arch, using pipe clamps and sturdy M8 bolts (5/16") with self-locking nuts (to prevent them from loosening due to vibration), plus one thick plastic plate per panel to compensate for the curved arch (pic 4).

Installation tips:

- Making a template for drill holes helps facilitate the repetitive process of measuring, marking and drilling.
- If your aluminum rivets have a steel pin, make sure to punch it out, or the remnants will lead to ugly rust stains and corrosion on the aluminum

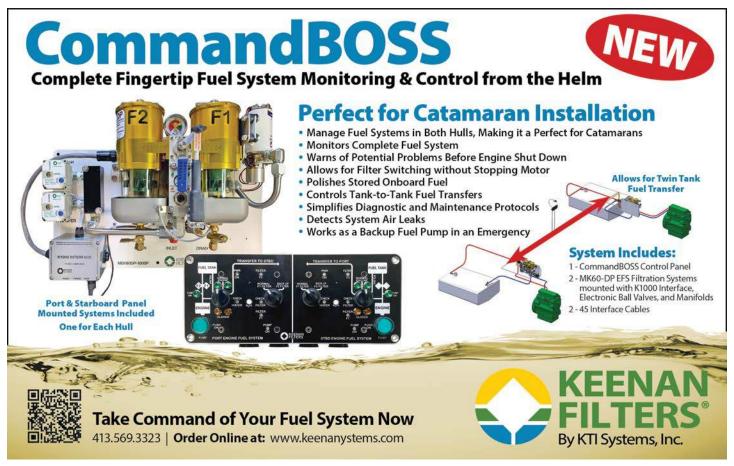




• Ideally you should anchor in a very shallow spot to be able to retrieve whatever precious piece fell overboard. Tying up the dinghy underneath the panel also adds a certain safety factor for bolts, washers, nuts and (more importantly) tools.

Birgit and Christian have been cruising aboard their S&S SY Pitufa since 2011. Check out their blog www.pitufa.at for more info about their journey and/or read their travel books and DIY advice: "Sailing Towards the Horizon", "Cruising Know-How" and "On Velvet Paws Towards the Horizon" are available on Amazon!









Charter-Ready Cuisine: Nourishing Bowls for Caribbean Cruising

CARIBBEAN COOKING | BY CAP'N JAN ROBINSON

ctober marks more than just falling leaves—it's the season when yachts point their bows toward the Caribbean, chasing the sun and warm weather. After all, dining at anchor under Caribbean stars deserves meals that are as vibrant and nourishing as the journeys themselves. Think bold textures, vibrant greens, and protein-rich ingredients, without meat or dairy.

SUPERFOOD SALAD

Prep time: 20 minutes. Standing time: 10 minutes. Serves: 4 Preheat oven to 450°F degrees

1 sweet potato, washed and diced

1 Tbsp olive oil for frying

Fresh ground Himalayan Salt, to taste

34 cup uncooked quinoa, washed

½ cup goji berries

½ cup pepitas (raw pumpkin seeds)

2 cups fresh veggies of choice

(mushrooms, tomatoes, broccoli, carrots, etc)

1 cup of arugula

1 cup of baby kale

2-4 radishes, finely sliced

A handful or two of assorted nuts

(pecans or walnuts work great)

SALAD DRESSING

3 tbsp peanut or almond butter

1 tbsp soy-free tamari or soy sauce substitute

½ tsp honey or maple syrup

½ tsp apple cider vinegar or squeezed lemon juice

2 garlic cloves thinly sliced

1 tbsp of grated ginger

2-3 Tbsp warm water (start with 2, add more to thin to your liking)

Optional: 1 tsp sesame oil for a nutty finish

In a shallow baking dish, toss sweet potatoes in the olive oil and add salt. Bake until softened (about 30-45 minutes). When done, remove from pan to cool.

In a small saucepan, add the washed quinoa with 1.5 cups of water. Bring to a boil, cover, and reduce to a simmer until all water is cooked out (about 15 minutes). Remove from heat and let stand about 10 minutes.

In a large bowl, toss together the veggies, leafy greens, berries and seeds and nuts - pour over the dressing, then add the sweet potato and quinoa; mix all ingredients. Enjoy!

In a bowl, whisk together the peanut or almond butter, tamari, honey, and lemon/vinegar until smooth. Add garlic and ginger. Slowly whisk in the warm water, 1 Tbsp at a time, until it reaches a smooth, pourable consistency (like a light cream sauce).

Taste and adjust — add a squeeze more lemon/vinegar for tang, or a drop of sesame oil for richness.

NOTE: This recipe is loaded with nutrition, (13.6 protein) vitamins and minerals. Add a can of sardines or tuna to your serving and protein will add another 20 gms

SUPERFOOD SALAD NUTRITION (DETAILED):

NUTRIENT	TOTAL (RECIPE)	PER SERVING
Calories	1628.0	407.0
Protein (g)	54.2	13.6
Carbs (g)	193.0	48.3
Sugar (g)	44.0	11.0
Fat (g)	78.6	19.7
Fiber (g)	34.0	8.5



SALMON BOWL

Salmon Rich in omega-3s, high-quality protein, vitamin D, Bvitamins, and antioxidants; supports heart, brain, joints, and reduces inflammation. Please be sure that is wild caught salmon.

Prep time: 15 minutes. Cooking time: 50 minutes. Marinating time: 10 minutes. Serves: 4

2 cups of chopped sweet potato

1 salmon fillet, about 1 lb.

12 Brussels sprouts, chopped in half

2 cups of leafy greens (kale, spinach, arugula — a mix is best)

3 Tbsp olive oil

1 tsp of turmeric powder

½ tsp of pepper

1 tsp of garlic powder

1 tsp of Italian seasoning

Sea salt to taste

SALMON MARINADE

Juice of 1 lemon 1-3 tbsp of balsamic vinegar 1 tsp of honey

Preheat oven to 450°F degrees

On a tray, toss sweet potatoes in 1 tablespoon of the olive oil and add salt. Bake until softened (about 30-45 minutes). When done, remove from pan to cool.

Turn oven down to 350°F

Toss Brussels sprouts with seasonings, 1 tablespoon olive oil, and sea salt. Roast until softened, about 20 minutes.

Continued on page 86

Caribbean Marinas ALL AT SEA'S CARIBBEAN MARINAS GUIDE

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Aruba	Renaissance Marina Aruba	297-588-0260	13′	200′	50	•	110/220		•				•	•	•	16/69	•
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D.R.	Casa de Campo Marina	809.523.8646/ 8647	16′	250′	350	•	110/220 v to 60 hrz	•	•	•	•	•	•	•	•	68	•
D.R.	Marina Zar Par	809-523-5858	12′	120′	110	•	110/220, 308	•	•	•	•	•	•	•	•	5	FREE
D.R.	Ocean World Marina	809-970-3373	12' +	250′	104	•	110/220	•	•	•	•	•	•	•	•	16/68	•
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Guadeloupe	Marina Bas-du-Fort	590 590 936 620	15.5′	210′	1,100	•	110/220/380		•	•	•	•	•	•	•	9	FREE
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Panama	Bocas Marina www.bocas-marina.com	507-757-9800	20′	150′	83	•	110 -220v		•		•	•	•	•	•	68	FREE
Panama	Red Frog Beach Marina redfrogbeach.com	+507 6726-4500	20′	300′	84	•	50 Amp 110/220V 60 Hz, 100 Amp 220V 60 Hz, 200 Amp 480V 60 Hz 3-phase		•	•	•	•	•	•	•	68	•
Panama	Shelter Bay Marina	507-433-3581	20′	320′	192	•	60 HZ, 120/240V 50-Amp, 100 Amp Single Phase, 208V	•	•	•	•	•	•	•	•	74	•
Puerto Rico	Club Nautico de San Juan	787-722-0177	31′	250′	121	•	110 volts / 220 / 480 for megayachts		•	•	•	•			•	16/10 68	•
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Scrub Island, BVI	Scrub Island Resort, Spa & Marina www.scrubisland.com	(284) 394-3440	30′	160′	55	•	30, 50 & 100 amp				•	•	•	•	•	74	•
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St. Croix	Green Cay Marina at Tamarind Reef Resort	340-718-1453	8′	100′	154	•	110/220V - 30A, 50A, 200A	•	•	•	•	•		•	•	16	FREE
St. Croix	St. Croix Marine www.stcroixmarinecenter.com	340-773-0289	11′	150′	23	•	110/220 - 30A, 50A, 100A		•	•	•				•	16/06	FREE
St. Lucia	Rodney Bay Marina www.igy-rodneybay.com	758-458-7200	14′	285′	253	•	120V- 480V, 30/50/100/ 125/200 amps at 60 Hz, 240V- 440V, 32/63/125 & 200 amps at 50Hz	•	•	•	•	•	•	•	•	16	FREE
St. Lucia	The Marina at Marigot Bay	758-451-4275	16′	250′	40	•	110/220/380, 50/60 Hz	Cable	•	•	•	•	•	•	•	16/12	•
St. Maarten	Bobby's Marina www.bobbysmarina.com	721-542-2366	12′	130′	80	•	110/220V		•	•	•		•	•	•	16/69	•
St. Maarten	Island Water World Marina	+1 721-544-5310	8′	60′	47	•	110/220V, 60Hz		•	•	•				•	74	FREE
St. Maarten	Lagoon Marina Cole Bay Waterfront	599-544-2611	9′	100′	45	•	110/220	•			•	•	•	•	•	16	FREE
St. Maarten	Simpson Bay Marina www.igy-simpsonbay.com	721-544-2309	13′	196'	114	•	480V 3-phase 100 amps/ leg; 220V 3-phase 100 amps/leg; 220V 50 amps; 110V 30 amps 60hz	•	•	•	•	•	•	•	•	16/ 79A	FREE
St. Maarten	The Yacht Club at Isle de Sol www.igy-isledesol.com	721 544 2408	18′	320′	45		480V 3-phase 100 amps/ leg; 220V 3- & single- phase; 100 amps/leg; 220V 50 amps 60hz	•	•	•	•	•	•	•	•	16/ 78A	FREE
St. Thomas	American Yacht Harbor www.igy-americanyacht harbor.com	340-775-6454	10′	110′	134	•	120/208Y/240 VAC 30 to 100 amps, 60 Hz	Cable	•	•	•	•	•	•	•	16/6	FREE
St. Thomas	Crown Bay Marina www.crownbay.com	340-774-2255	24′	200′	99	•	30, 50, 100amp 120v, 208v, 220v, 480v	Cable	•	•	•	•	•	•	•	11	FREE
St. Thomas	Yacht Haven Grande www.igy-yachthaven grande.com	340-774-9500	18′	656′	48	•	120/208Y/240/480Y VAC 50 to 600 amps, 60 Hz Ability to hard wire	Cable	•	•	•	•	•	•	•	16/10	FREE
Tortola, BVI	Nanny Cay Marina	284-494-2512	12′	125′	200	•	110/220		•	•	•	•	•	•	•	16	•
Tortola, BVI	Soper's Hole	284-495-4589	25′	170′	50	•	110/240	Cable	•	•	•	•	•	•	•	16	Cafe
Tortola, BVI	Village Cay Marina	284-494-2771	12′	200′	106	•	110/220/308	Cable	•	•	•	•	•	•	•	16/71	FREE
Trinidad	Peake Yacht Services Marina	868-634-4420/3/7	20′	90'	17	•	110/220				•	•	•		•	69	FREE
Trinidad	Power Boats Ltd	868-634-4346	13′	65′	40	•	115/220		•	•	•	•	•	•	•	72	•
Turks & Caicos	Caicos Marina & Shipyard www.caicosmarina.com	649-946-5600 649-232-1905	9′	150'	100+	•	30/50/100 amp		•	•	•	•			•	16	FREE
Virgin Gorda	Virgin Gorda Yacht Harbour	284-499-5500	10′	180′	94	•	110/220		•	•	•	•	•	•	•	16/11	•
Colombia	Marina Santa Marta www.marinasantamarta.com	+574363601	11.5′	132′	256	•	110/220V, 60hz		•	•	•	•	•	•	•	16/72	FREE

OUTSIDE OF CARIBBEAN:

Boston, MA	Boston Yacht Haven	617-367-5050	22'	300′	100		480V, 100 and 200 amps; 240V single-phase; 208V 3-phase, 100 amps; 240V, 50 amps; 120V, 30 amps	•	•	•	•	•	•	•	09/16	FREE
	Marina Cabo San Lucas www.igy-cabosanlucas.com	+52 624 173 9140	26′	350′	380	•	110V 30 amps; 220V 50 amps; 100 amp 3-phase, 480V 150 3-phase	•	•	•	•	•	•	•	88A	FREE
	North Cove Marina at Brookfield Place www.igy-northcove.com	917-677-7680	16′	175′	18	•	110V, 220V; 480V 3-phase				•	•	•	•	69	FREE

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Caribbean Boatyards

ALL A	<i>T SEA</i> 'S	CAR	IBBE			YAR	DS	GUI	DE			^J acit _l	S						zilitie.
		^{Latit} ude	Longitude	Phone Number	Naximura Orașimura	Maximum Lengthum	Maximum Beam	Maximum Air O, mum	Todas sono	Arrival Hours	Life 1 1/20e/	(A)	Electricholy	Car Shor	Ele entry Sh	Prof. Short	8, 8% C. M. W.	0,5%	Crew Facilities
Antigua	Jolly Harbour Marina / Boat Yard	17 04 46.4 N	61 54 37.0 W	(268) 462- 6041	13′	80′	19'	no limit	110/220	8am- 5pm	70 4	•		•	•	•	•	•	
Antigua	North Sound Marine	17.1167	-61. 7500	(268) 562- 3499 \ (268) 764-2599	15′	no limit	31′	no limit	Anything	24x7	150	•		•	•	•	•	•	
Aruba	Varadero Caribe	12 32 N	70 02 W	297-588- 3850	8′	120′	45′	no limit	50/30 amp	8am- 5pm	60	•		•	•		•	•	
Freeport, Grand Bahamas	Bradford Marine Bahamas	26′ 31. 189 N	78′ 45. 566 W	242-352- 7711	35	400	50	no limit	30/50/100/480	24/7	150		•	•	•	•	•	•	
Tortola, BVI	Nanny Cay Hotel & Marina	18 25 0 N	64 37 0 W	(284) 494- 2512	11′	160′	45′	no limit	110v 30amp/220v 50amp/ 3phase 100 amp	7am- 6pm	70 4	•	•	•	•	•	•	•	
Tortola, BVI	Soper's Hole	18° 23″ 46′	-64° 41″ 53′	(284) 495- 3349	7′	65′	18' & 40'	no limit	110/220	8-5, Mon-Sat	45	•	•	•	•	•	•	•	
Tortola, BVI	Tortola Yacht Services	18 25 N	64 37 W	(284)-494- 2124	10′	68′	20′	no limit	220V, 50A, 110V, 30A	7-4, 7days	70 &	•	•	•	•	•	•	•	
Virgin Gorda, BVI	Virgin Gorda Yacht Harbour	18. 45222	-64. 43750	+1 284-499- 5501	10′	180′	37'	no limit	110/120/220	7am- 6pm	70 45 350 CIMOLAI	•		•	•	•	•	•	
Curação	Curacao Marine	12' N	68' W	599 9 562- 8000	9′	120′	33′	193	110/220 380	8am- 5pm	60	•		•	•	•	•	•	
La Romana, D.R.	IBC Shipyard	18° 23′ 55″ N	68° 53′ 55″ W	+809 449 3321/3323	12′	110′	26′	no limit	110/220 3 phase 100/50/30 amp	8-5 M-F	120	•	•	•	•	•	•	•	
Grenada	Clarkes Court Boat- yard & Marina	12° 00.6′ N	061° 44.0′ W	473-439- 3939	11′	150′	37′	0	110/220; 50Hz	7:30am- 4:30pm	242	•	•	•	•		•	•	
Grenada	Grenada Marine	12° 01:20	61° 40:42	00-1-473- 443-1667	12′	75′	31.5′	0	110/220	8-5, M-F; 8-12, Sat	70 &	•	•	•	•	•	•	•	
Grenada	Spice Island Marine Services	12.041 N	61.45 W	473-444- 4257	12′	70′	25.4′	0	110/220	8-4 M-F	70 ***	•	•	•	•	•	•	•	
Panama	Bocas Yacht Services	09° 17.3′N	082° 23.06W	507- 6619-5601	10′	65′	20′	no limit	120/220	7:30- 3:30pm	60 **	•		•	•		•		
Panama	Shelter Bay Marina	09° 22′ 12″ N	79° 56′ 51″ W	+507- 6781-6631/ 6747-9118	11′	100′	28′	no limit	60 HZ, 120/240V 50-Amp, 100 Amp Single Phase, 208V and 480V Tri Phase	24x7	100	•	•	•	•	•	•	•	
Puerto Rico	Varadero @ Palmas	18 04′ 37″N	65 47' 57"W	787-656- 9211	11′	110′	26′	no limit	50/30 amp	8-5, 7days	110 4	•	•	•	•	•	•	•	
Puerto Rico	Puerto Del Rey Marina	18° 17.3 N	65° 38 W	787-860- 1000	15′	150′	33	no limit	120/208V single & 3 phase; 30, 50,100 & 200 amps; 60 Hz	8am- 5pm	155	•	•	•	•	•	•	•	
Sint Maarten	Megayard	18°02′ 13.24 N	63°05′ 08.52 W	1-721-5444- 060	12′	200′	33′	12′	110/220	8-5 M-F	150 4	•	•	•	•	•	•	•	
St. Lucia	Rodney Bay Marina	14°04 '32. 72" N	60°56 '55. 63" W	758-458- 7200	11′	75′	28′	no limit	120V- 480V, 30/50/ 100/125/200 amps at 60 Hz, 240V- 440V, 32/63/125 & 200 amps at 50Hz	8am- 5pm	75 4	•	•	•	•	•	•	•	
St. Croix, USVI	St. Croix Marine	17° - 45′ N	64° - 42′ W	340 773- 0289	11′	68′	18′	no limit	110v 30amp; 220v 50amp; 3 phase 100amp	8-4:30, Mon- Sat	40 🚰	•	•	•	•	•	•	•	
St. Kitts	St. Kitts Marine Works	17° - 20.3′N	62° - 50.1′W	1-869-662- 8930	12′	120′	35′	no limit	110/220/3 phase 100amp	7-4 M-F	150 4			•	•		•	•	
St.Thomas, USVI	Subbase Drydock	18 N	65 W	340-776- 2078	16.5′	190′	50′	no limit	440 three phase/220/110	8-5, Mon-Sat	1000			•		•	•	•	
Trinidad	Peake Yacht Services Boatyard	10.4′N	61.38' W	868-634- 4420/3/7	14′	130′	30.5′	no limit	110/220	8-4 Mon-Sat	150	•	•	•	•	•		•	
Turks & Caicos	Caicos Marina & Shipyard	21.45. 57N	72.10. 47W	649-946- 5600	9	150			30/50/110 amp	24x7	75 4	•		•	•	•	•	•	

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Southeast U.S. Marinas

ALL AT SEA'S SOUTHEAST U.S. MARINAS GUIDE

U.S. MAF	RIN	IAS GUIDE		Maximum Draftmum	Maximum Lengatum	* of Slips	F. 500.	S. Gerrical	Satelle	Diese/	, ₍₈	Sh _{OW} .	Lawer MC	, 100 H	Bar / Ening	Secrimestaura	THE Change	Vireless Internet
Washington D.C. / MD			301-749-1582	Call	160′		•	30/50/100 single and 3 phase	•	•	•	•	•	•	•	•	71/16	•
Beaufort	NC	Jarrett Bay Boatworks	252-728-7100	10′	135′	30	•	30/50/100 Amp		•	•	•				•	16	FREE
Fort Pierce	FL	Fort Pierce City Marina	772-464-1245	7′	150′	240	•	30/50/100 Amp		•	•	•	•	•	•	•	16/78	FREE
Miami Beach	FL	One Island Park www.igy-miami.com	754-701-4020	40′	150- 800'	8	•	100 single & 3 phase/ 200/480/600 Amp		•	•		•	•		•	11/16	FREE
Marathon	FL	Marlin Bay Yacht Club www.marlinbay.com/marina	305-731-2207	7'	60′	28	•	30/50 Amp				•			•		16	FREE
St Petersburg	FL	Maximo Marina & Boatyard www.igy-maximomarina.com	727-867-1102	8′	110′	300	•	30/50/100 single phase	•	•	•	•	•		•	•	6/16	FREE

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Southeast U.S. Boatyards

		A'S SOUTHEAST YARDS GUIDE		Maximur,	Maximum encinum	Maximum eaminum	Nesimum Air Organia	ower.	Amival Hours	LA TOO COPOCITY	1/1/2	Viert inchally	Carbonic Shop	Perty Shop	Prop 6.	Paint Shop	nsite o	Crew Facility.
Beaufort	NC	Jarrett Bay Boatworks	252-728-2690	10'	130′	30′	no limit	30/50/100 Amp	24x7	50/75/ 200 ton travelift	•	•	•	•	•	•		
Thunderbolt	GA	Thunderbolt Marine Inc.	912-352-4931	14′	180′	36′	no limit	30/50/100 single and 3 phase	24x7	150 ton travelift/ 1150 ton Syncrolift	•	•	•	•	•	•	•	
Fort Lauderdale	FL	Bradford Marine Inc.	954-791-3800	11′	180′	35′	55′	208v/240v/ 480v	24/7	300 ton Syncrolift	•	•	•	•	•	•	•	
Fort Lauderdale	FL	Cable Marine (1517 SE 16 St Location)	954-462-2822	6′	60′	16.5	25′	110/240	8-4:30	40 ton			•	•		•		
Fort Lauderdale	FL	Cable Marine (2491 W State Rd 84 Location)	954-587-4000	9'	120′	22	no limit	120/50/100 Amp	24/7	100 straddle crane			•	•		•		
St. Petersburg	FL	Progressive Marine Service/Boat Yard	727-822-2886	10′	100′	26'	no limit	50 Amp	8-4:30 M-F; Sa-Su by app't.	40/94 ton travelift		•	•	•	•	•	•	
St. Petersburg	FL	Maximo Marina & Boatyard www.igy-maximomarina.com/ boatyard	727-867-1102	8′	62'	18′	no limit	Outboard, I/O, Inboard	8am M-F	50 ton travelift		•	•	•	•	•	•	
Gulf Shores	AL	Saunders Yachtworks	251-981-3700	10′	130′	28′	74′	30/50/100 Amp 3 phase	24x7	165 ton travelift		•	•	•	•	•		
Mobile	AL	Dog River Marina	251-471-5449	8′	85′	22.5′	75′	30/50/100 Amp 3 phase	24x7	70 ton travelift		•	•	•	•	•		
Orange Beach	AL	Saunders Yachtworks	251-981-3700	6′	85′	21.5′	no limit	30/50 Amp	7-5 M-F/ Sa-Su by app't.	60 ton travelift		•	•	•	•	•		

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RINCON, PUERTO RICO. Live steps away from the beach in this beautifully maintained 1 BR/1 BA first-floor apartment. Whether you're a first-time homebuyer or looking to downsize, this inviting unit is perfect for anyone seeking a cozy, low-maintenance living space. Completely remodeled with well-equipped updated appliances, plenty of cabinet space, and a functional layout. This first-floor apartment provides easy access with no need to use stairs, making it perfect for convenience and accessibility. Short-term rentals are allowed. Price: U.S. \$398,000

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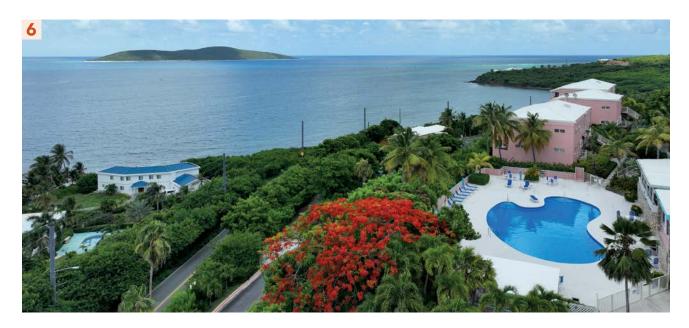
ST. CROIX, USVI. Gorgeous 0.62-acre homesite in the Vista Concordia subdivision on the island's North Shore commands views of Salt River and out over the Caribbean Sea to St. Thomas, St. John, and the British Virgin Islands. The lot features an ideal location for building. Once you build your dream home in this enclave of high-end homes, enjoy paved roads, an active HOA, and an easy and beautiful drive to the nearby bars, restaurants, and beaches. Price: \$88,000

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ST. CROIX, USVI. Updated, top-floor, 2 BR/2 BA unit is bright and breezy, with expansive hillside and Caribbean Sea views. Located at the Coakley Bay Condominium Complex, J10 has been immaculately maintained, with fresh paint, large baseboards, vaulted ceilings, a new tankless water heater, AC throughout, and high-end furniture and finishes. Coakley Bay has full back-up power, a fantastic community pool, an on-site restaurant, and an on-site management office. Perfect as a turnkey investment or forever home. Price: U.S. \$375,000

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WOODLANDS, MONTSERRAT. Enter this majestic 3.5-acre cliffside property and look out over the endless front lawn to the Caribbean Sea, the island of Redonda, and the mountains of Nevis. The private, separate master suite, with an adjoining sunroom and en-suite bath, features an additional exit to the lush gardens surrounding the home. Handmade mahogany doors unfold the front wall of the living room, bringing the outdoors inside. The dining room, featuring a unique circular table, has an easy pass-through to the modern chef's kitchen. Tiled pool and mature fruit trees outside. Price: U.S. \$1,600,000

SUSAN MACLEOD EDGECOMBE, Tradewinds Real Estate susan@tradewindsmontserrat.com www.tradewindsmontserrat.com
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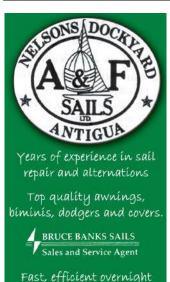
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WILLOUGHBY BAY, ANTIGUA & BARBUDA.

This charming, detached 3 BR/2 BA house is located at the beach end of but within a 10-minute drive of the bustling English Harbour, with its restaurants, bars, and shops, and the World Heritage Nelson's Dockyard. Sitting on just under half an acre, the house has views across Willoughby Bay and the surrounding hillsides and benefits from the prevailing breezes. Recently underwent a complete internal refurbishment, boasting a fresh, modern look. The kitchen, featuring shaker-style cabinets, leads to the open-plan dining/living area. Price: U.S. \$475,000

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BAY ISLANDS, ROATAN. Perfect for entertainers, divers, and island lovers. This residence features a unique private covered dock with a bar and a boat lift that doubles as a stage. The upper level offers 3 BR/2 BA, while the mid-level includes a cozy bachelor apartment, which is great for guests or rental income. Enjoy a lush courtyard, splash pool, and balmy year-round weather. Bonus perks include property management and a panga boat for island exploration. Move-in ready. Price: U.S. \$360,000 AMY MURPHY | Roatanhomes@gmail.com | Tel: (480) 269-2830

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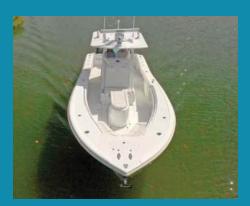
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CHRISTIAN HEROLD Yacht Broker, St. Croix

My passion for the ocean has shaped every part of my life. I spent 23 years in the U.S. Coast Guard, serving as both an enlisted member and a commissioned officer, and retired as a Lieutenant in 2016. Over the years, I was involved in everything from rescue missions to national emergencies, including the World Trade Center response and the recovery of JFK Jr.'s plane. After retiring, I managed a marina on St. Croix, where I've lived for the past nine years and built strong ties within the local boating community. I'm a Certified Professional Yacht Broker, a

trained marine surveyor, and hold a degree in Systems Management along with multiple marine certifications. Helping clients find the right boat for their needs is what I enjoy most. I believe in listening carefully and guiding people toward choices that will bring lasting satisfaction on the water. Outside of work, I'm often diving, which is where I feel most at peace. Beneath the surface is where I find my balance. I'm 52, the proud father of two grown children, and my favorite boat is a Hinckley for its craftsmanship and classic New England lines. 1-508-887-6580; christian@bviyachtsales.com



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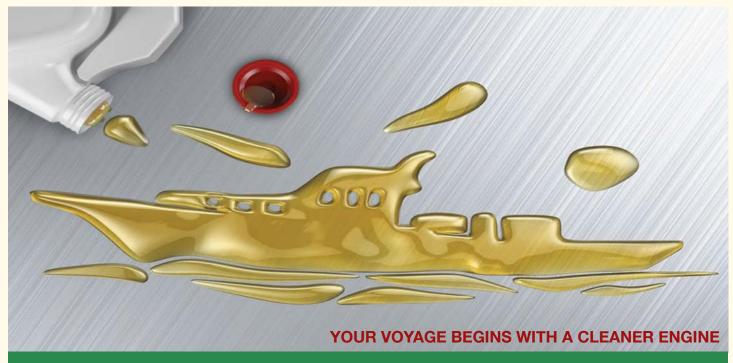
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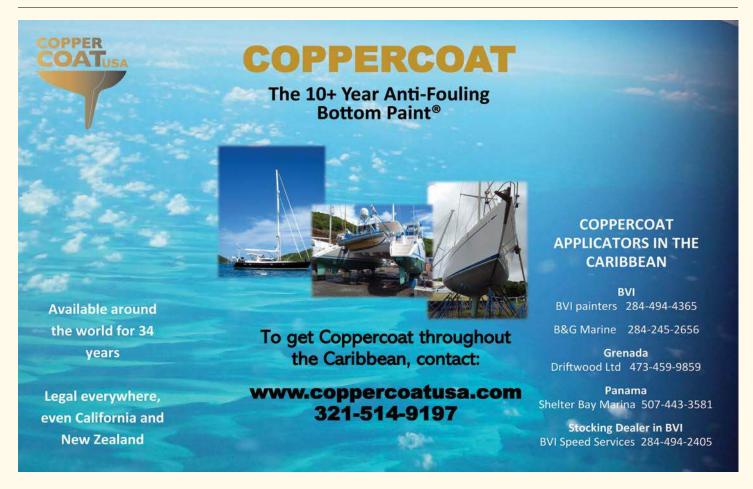






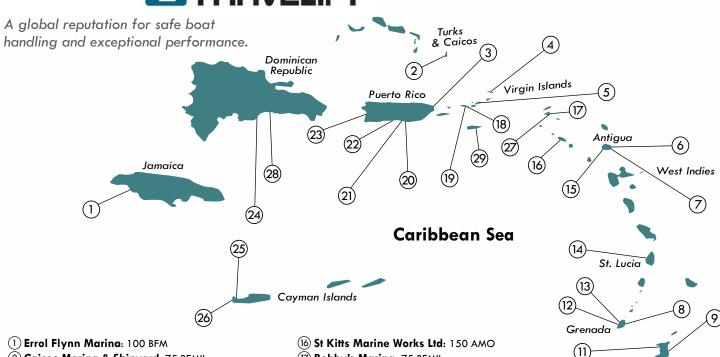
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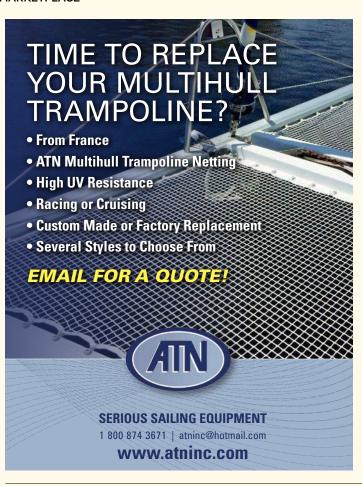
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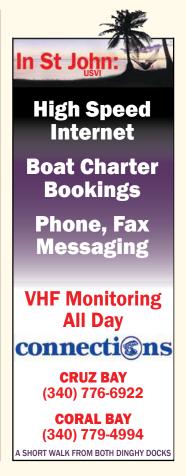
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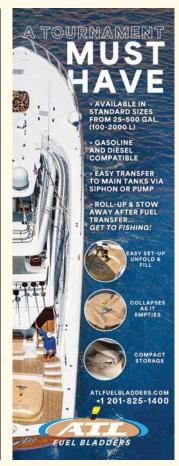
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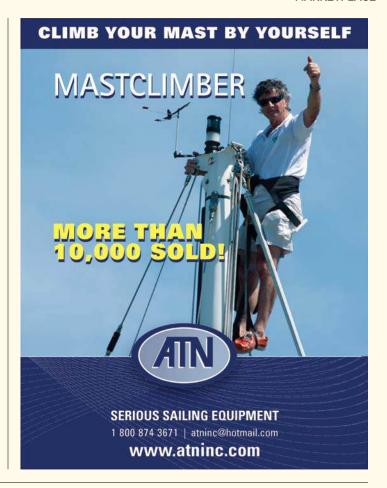


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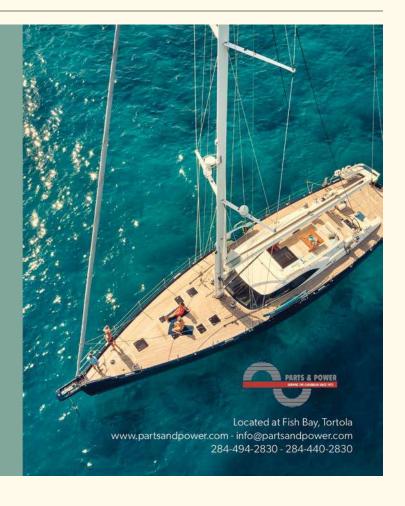
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Charter-Ready Cuisine: Nourishing Bowls for Caribbean Cruising

CARIBBEAN COOKING | BY CAP'N JAN ROBINSON

Continued from page 61

Marinate salmon for 10 minutes while veggies bake. Add salmon to baking tray and finish roasting for the 10 remaining minutes (adjust cooking time to ensure salmon is thoroughly cooked).

Flip Brussels sprouts halfway through roasting to get an even roast. Sauté kale (or leafy greens) in remaining olive oil for about 5 minutes. Place greens in a serving bowl followed by sweet potato, Brussels sprouts, then salmon. Squeeze fresh lemon juice over everything. Serve and enjoy!

NOTE: If you're on a Keto or other low-carb diet, this is an easy one to adjust to your specific needs!

GUT HEALING SMOOTHIE

Prep time: 10 minutes. Serves: 4

1-1/2 cup full-fat coconut milk or almond milk

2 cups leafy greens (kale/spinach)

1 avocado

1 banana

1 tsp freshly grated ginger

1/2 Tbsp chia seeds

1 Tbsp hemp hearts

1 Tbsp raw honey

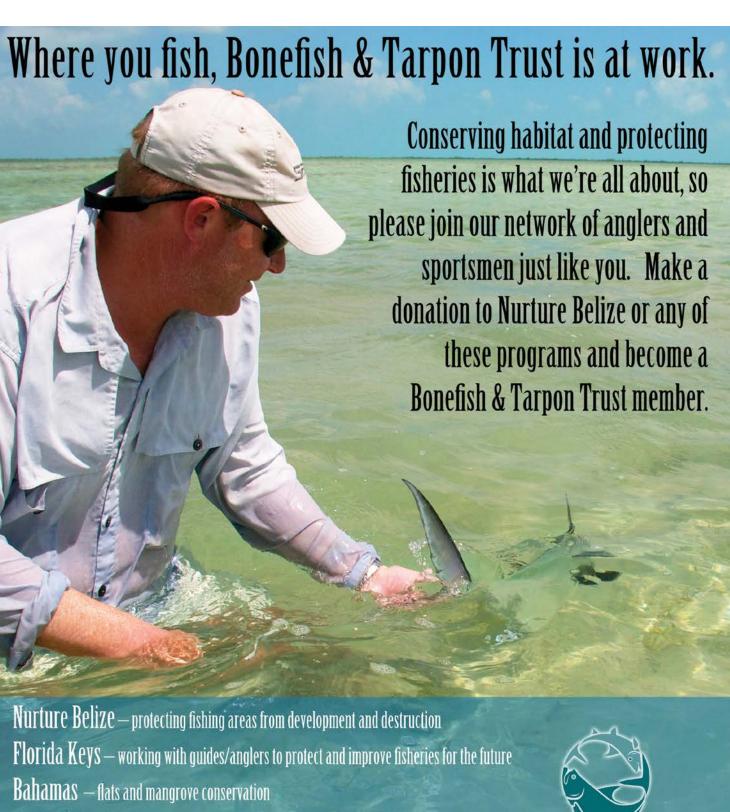
1 Tbsp magnesium

1 Tbsp collagen

Place all in a blender and blend until smooth. Enjoy!

TIP: Enjoy immediately or maybe saved for 1 day, if refrigerated.

Jan Robinson, Health Coach, Charter Yacht Consultant, 2019 CYBA Hall of Fame, Former Chef Competition Coordinator/ Judge, and author of the Ship to Shore Cookbook collection; available on Amazon and CaptJan2@gmail.com



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